

SA CHAMPIONSHIP 2022

Competition Name

2022-04-02

Competition Date

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
Top 3 Runners									
1	1771	Michelle Sims	KZN	02:46.740	1106.52	01:38.690	996.55	36.00	2139.07
2	2259	Michelle Staal	CG	02:38.470	1123.06	01:20.150	1089.25	0.00	2212.31
3	1982	Kenane Bruyere	SFS	00:58.950	1122.10	00:36.750	1041.25	0.00	2163.35
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
Top 3 Swimmers									
1	1258	Lize-Ahn Aucamp	W.P.	02:42.69	1074.62	01:08.85	1125.75	10.00	2210.37
2	3124	Archie Markgraaff	SFS	01:59.32	941.36	00:39.89	1085.55	90.00	2116.91
3	1497	Rowan Marais	W.P.	02:19.53	1050.94	01:02.08	1109.60	30.00	2190.54
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
Top 3 Athletes									
1	2294	Kate Bihl	W.P.	02:44.02	1111.96	01:14.47	1117.65	12.00	2241.61
2	2710	Ilse Beuman	BOL	02:59.99	1080.02	01:21.76	1081.20	54.00	2215.22
3	2259	Michelle Staal	CG	02:38.47	1123.06	01:20.15	1089.25	0.00	2212.31
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
U/09 GIRLS									
1	2367	Hannah Morgado	MP	01:32.36	1045.28	00:39.47	1107.65	0.00	2152.93
2	1548	Lisa le Roux	SFS	01:35.03	1039.94	00:41.74	1096.30	0.00	2136.24
3	2835	Kayla Coetzee	NFS	01:38.34	1033.32	00:41.41	1097.95	0.00	2131.27
4	3382	Miene Fraenkel	W.P.	01:19.51	1070.98	00:49.09	1059.55	0.00	2130.53
5	2396	Mieke	BOL	01:19.78	1070.44	00:49.29	1058.55	0.00	2128.99

		Burger							
Rank	Score	Name	Club	Time	Points	Penalty	Net Points	Penalty Points	Total Points
6	3549	Bailey Bowman	BOR	01:30.69	1048.62	00:45.68	1076.60	0.00	2125.22
7	1551	Neri Upton	SFS	01:31.40	1047.20	00:46.78	1071.10	0.00	2118.30
8	1552	Z'Ney Piechazek	SFS	01:25.11	1059.78	00:49.96	1055.20	0.00	2114.98
9	2506	Rouxle Kotze	BOL	01:29.90	1050.20	00:49.30	1058.50	0.00	2108.70
10	2558	Annique Bester	BOL	01:24.25	1061.50	00:53.00	1040.00	0.00	2101.50
11	2021	Zaan van Goeverden	EDEN	01:31.04	1047.92	00:50.35	1053.25	0.00	2101.17
12	1825	Annabel van der Merwe	EDEN	01:31.44	1047.12	00:50.40	1053.00	0.00	2100.12
13	2788	Anné Koortzen	GRI	01:23.60	1062.80	00:54.24	1033.80	0.00	2096.60
14	2507	Caru Gey von Pittius	BOL	01:31.04	1047.92	00:51.92	1045.40	0.00	2093.32
15	2135	Elmine Opperman	GRI	01:33.05	1043.90	00:51.25	1048.75	0.00	2092.65
16	3395	Annabel Janse van Vuuren	W.P.	01:32.02	1045.96	00:51.95	1045.25	0.00	2091.21
17	2946	Riley Fourie	BOR	01:37.93	1034.14	00:50.05	1054.75	0.00	2088.89
18	2433	Cara Cornelissen	GRI	01:32.13	1045.74	00:56.65	1021.75	0.00	2067.49
19	1550	Marizel Prinsloo	SFS	01:37.85	1034.30	00:54.50	1032.50	0.00	2066.80
20	3551	Kyra du Preez	BOR	01:42.03	1025.94	00:53.17	1039.15	0.00	2065.09
21	3547	Emily van der Byl	BOR	01:39.03	1031.94	00:57.23	1018.85	0.00	2050.79
22	2954	Olivia Viviers	BOR	01:47.81	1014.38	00:54.42	1032.90	0.00	2047.28
23	2840	Martie Geldenhuys	NFS	01:26.67	1056.66	01:04.12	984.40	0.00	2041.06
24	3240	Meri Loubser	EDEN	01:38.65	1032.70	01:00.03	1004.85	0.00	2037.55
25	2106	Lisan Joubert	GRI	01:35.67	1038.66	01:01.62	996.90	0.00	2035.56
26	2766	Natalie-Jordan Brown	NW	01:34.20	1041.60	01:02.88	990.60	0.00	2032.20
27	3404	Caitlin Lombard	BOR	01:34.99	1040.02	01:05.24	978.80	0.00	2018.82
28	1662	Lily Smith	KZN	01:44.31	1021.38	01:02.54	992.30	0.00	2013.68
29	2982	Alyssa Bosch	W.P.	01:43.93	1022.14	01:02.76	991.20	0.00	2013.34

30	2784	Anca Peters	W.P.	01:45.86	1018.28	01:02.10	994.50	0.00	2012.78
31	3550	Gemma Heugh	BOR	01:34.65	1040.70	01:08.92	960.40	0.00	2001.10
32	1974	Tene Venter	SFS	01:35.39	1039.22	01:09.13	959.35	0.00	1998.57
33	3381	Kari Gericke	W.P.	01:39.35	1031.30	01:08.25	963.75	0.00	1995.05
34	2646	Lizaleah Burger	BOL	01:36.67	1036.66	01:12.56	942.20	0.00	1978.86
35	2290	Nina Vancoillie	W.P.	01:50.41	1009.18	01:25.29	878.55	0.00	1887.73
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/09 BOYS				-					
1	1801	Benjamin Bond	EDEN	01:18.59	1052.82	00:39.14	1099.30	0.00	2152.12
2	3374	Guy Joyce	W.P.	01:24.29	1041.42	00:40.50	1092.50	0.00	2133.92
3	1027	Jurie Human	BOL	01:16.64	1056.72	00:44.64	1071.80	0.00	2128.52
4	1301	Adriaan Van Dyk	W.P.	01:27.15	1035.70	00:40.63	1091.85	0.00	2127.55
5	2598	Matthys Potgieter	BOL	01:21.31	1047.38	00:44.49	1072.55	0.00	2119.93
6	2020	Jake Whitaker	LIM	01:19.53	1050.94	00:47.14	1059.30	0.00	2110.24
7	1549	Lohan Maree	SFS	01:22.97	1044.06	00:45.96	1065.20	0.00	2109.26
8	1627	Gehan Viviers	SFS	01:28.62	1032.76	00:43.98	1075.10	0.00	2107.86
9	2634	Niel Naude	BOL	01:23.71	1042.58	00:46.03	1064.85	0.00	2107.43
10	1477	David-John Stow	EP	01:28.95	1032.10	00:44.95	1070.25	0.00	2102.35
11	2359	Estevan Wessels	MP	01:28.37	1033.26	00:47.00	1060.00	0.00	2093.26
12	2285	Ryan Fouche	W.P.	01:30.27	1029.46	00:46.82	1060.90	0.00	2090.36
13	2107	Noah Visser	GRI	01:17.90	1054.20	00:51.88	1035.60	0.00	2089.80
14	1011	Liam Brand	BOL	01:25.31	1039.38	00:49.00	1050.00	0.00	2089.38
15	2510	Barend Spreeth	BOL	01:22.81	1044.38	00:50.09	1044.55	0.00	2088.93
16	3023	Dieter Kwak	W.P.	01:21.97	1046.06	00:51.27	1038.65	0.00	2084.71
17	3292	Lauritz Dreyer	GN	01:35.89	1018.22	00:46.07	1064.65	0.00	2082.87
18	3087	Daniel Lotter	EP	01:31.10	1027.80	00:48.48	1052.60	0.00	2080.40
19	1622	Pieter Gutter	SFS	01:32.37	1025.26	00:48.87	1050.65	0.00	2075.91

20	1640	Fanie Barnard	SFS	01:19.28	1051.44	00:54.90	1020.50	0.00	2071.94
21	1534	Neil Shaw	SFS	01:29.65	1030.70	00:52.77	1031.15	0.00	2061.85
22	1646	Henri Pretorius;	W.P.	01:33.86	1022.28	00:51.97	1035.15	0.00	2057.43
23	1843	Ivan Roux	EDEN	01:34.47	1021.06	00:51.74	1036.30	0.00	2057.36
24	1479	Declan Forsthye	EP	01:33.43	1023.14	00:52.38	1033.10	0.00	2056.24
25	2878	Bramwell Whitehouse	BOL	01:32.34	1025.32	00:53.35	1028.25	0.00	2053.57
26	2592	Sion Van Wyk	BOL	01:27.90	1034.20	00:55.74	1016.30	0.00	2050.50
27	2018	Jandre Venter	LIM	01:37.06	1015.88	00:54.07	1024.65	0.00	2040.53
28	2000	Johan Groenewald	LIM	01:31.99	1026.02	00:57.16	1009.20	0.00	2035.22
29	3278	Gert Oosthuizen	GN	01:31.20	1027.60	00:57.50	1007.50	0.00	2035.10
30	1509	Gerhard Hattingh	EDEN	01:26.56	1036.88	01:01.35	988.25	0.00	2025.13
31	2718	Pieter-Andre Troost	BOL	01:32.27	1025.46	00:59.36	998.20	0.00	2023.66
32	2803	Petrus Theron	BOL	01:20.04	1049.92	01:04.34	973.30	0.00	2023.22
33	2059	Brüssow de Waal	GRI	01:33.68	1022.64	00:59.94	995.30	0.00	2017.94
34	2033	Esteen Potts	EP	01:45.35	999.30	00:57.05	1009.75	0.00	2009.05
35	1849	Edrich Meyer	EDEN	01:32.75	1024.50	01:03.87	975.65	0.00	2000.15
36	1828	Gihard Grutter	EDEN	01:35.61	1018.78	01:05.96	965.20	0.00	1983.98
37	3423	Ruan Pienaar	GN	01:28.32	1033.36	01:22.11	884.45	0.00	1917.81
38	3178	Aran Hopper	EDEN	01:36.49	1017.02	01:20.43	892.85	0.00	1909.87
39	3371	Daniel Meets	W.P.	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 GIRLS				-					
1	2872	Erin Neumann	W.P.	01:14.88	1044.24	00:34.46	1067.70	0.00	2111.94
2	1480	Mia Marcelle Prinsloo	EP	01:13.64	1046.72	00:38.22	1048.90	0.00	2095.62
3	2717	Georgia Sabbagha	BOL	01:14.29	1045.42	00:39.15	1044.25	0.00	2089.67
4	1405	Lara Rosenstrauch	W.P.	01:19.77	1034.46	00:37.97	1050.15	0.00	2084.61

Rank	Points	Name	Club	Time	Start	End	Start	End	Start
5	1347	Zani Van Dyk	W.P.	01:27.25	1019.50	00:35.34	1063.30	0.00	2082.80
6	1021	Zane Esterhuizen	BOL	01:11.80	1050.40	00:41.72	1031.40	0.00	2081.80
7	1513	Anè Pienaar	SFS	01:27.29	1019.42	00:36.05	1059.75	0.00	2079.17
8	2683	Noa Rossouw	BOL	01:15.75	1042.50	00:40.67	1036.65	0.00	2079.15
9	1530	Annabel Meyer	SFS	01:22.22	1029.56	00:38.30	1048.50	0.00	2078.06
10	2698	Kaitlin Barnard	BOL	01:14.55	1044.90	00:41.65	1031.75	0.00	2076.65
11	2227	Kalica Cornelissen	GRI	01:14.59	1044.82	00:41.67	1031.65	0.00	2076.47
12	1069	Kayliegh Marais	EP	01:18.85	1036.30	00:40.12	1039.40	0.00	2075.70
13	1565	Ella van Viegen	SFS	01:25.49	1023.02	00:37.57	1052.15	0.00	2075.17
14	1919	Iane Joubert	EDEN	01:18.47	1037.06	00:40.41	1037.95	0.00	2075.01
15	1563	Chanlè Jacobs	SFS	01:23.33	1027.34	00:40.64	1036.80	0.00	2064.14
16	1422	Yvette Louw	W.P.	01:22.08	1029.84	00:42.65	1026.75	0.00	2056.59
17	2306	Cara Louw	NW	01:28.14	1017.72	00:40.33	1038.35	0.00	2056.07
18	1567	Carinke Wessels	SFS	01:30.13	1013.74	00:39.73	1041.35	0.00	2055.09
19	2314	Mia Wade	NW	01:19.05	1035.90	00:44.64	1016.80	0.00	2052.70
20	3385	Mienke Pretorius	GRI	01:24.32	1025.36	00:42.59	1027.05	0.00	2052.41
21	1654	Rachael Rodd	KZN	01:23.33	1027.34	00:43.05	1024.75	0.00	2052.09
22	2833	Christie Snyders	NFS	01:33.89	1006.22	00:39.37	1043.15	0.00	2049.37
23	1319	Silke Aucamp	W.P.	01:18.79	1036.42	00:45.79	1011.05	0.00	2047.47
24	3268	Alexa Stahmer	EDEN	01:22.50	1029.00	00:44.34	1018.30	0.00	2047.30
25	2759	Nellamari Fourie	BOL	01:30.49	1013.02	00:41.37	1033.15	0.00	2046.17
26	1624	Livia Gutter	SFS	01:34.19	1005.62	00:40.07	1039.65	0.00	2045.27
27	1531	Wilhandi Meyer	SFS	01:21.90	1030.20	00:45.36	1013.20	0.00	2043.40
28	1026	Milla Kempen	BOL	01:23.78	1026.44	00:44.64	1016.80	0.00	2043.24
29	2660	Lize-Mari Beyers	BOL	01:29.79	1014.42	00:42.34	1028.30	0.00	2042.72
30	1041	Antru Esterhuizen	BOL	01:19.87	1034.26	00:46.34	1008.30	0.00	2042.56
31	2199	Destheonique Julius	GRI	01:31.63	1010.74	00:42.34	1028.30	0.00	2039.04
32	2602	Zanli Le Roux	BOL	01:24.34	1025.32	00:45.43	1012.85	0.00	2038.17

33	2937	Mia Vorster	NFS	01:32.38	1009.24	00:42.91	1025.45	0.00	2034.69
34	1817	Mienke Koegelenberg	EDEN	01:27.91	1018.18	00:45.36	1013.20	0.00	2031.38
35	3163	Mia Mitrovic	NFS	01:37.16	999.68	00:41.80	1031.00	0.00	2030.68
36	2960	Esona Sekeleni	BOR	01:28.61	1016.78	00:45.47	1012.65	0.00	2029.43
37	3133	Sujane Coetzer	NFS	01:39.47	995.06	00:41.24	1033.80	0.00	2028.86
38	1098	Liane Muller	EP	01:35.19	1003.62	00:43.04	1024.80	0.00	2028.42
39	1506	Nina Koen	EDEN	01:30.37	1013.26	00:45.44	1012.80	0.00	2026.06
40	2016	Nelda Strijdom	LIM	01:30.91	1012.18	00:46.28	1008.60	0.00	2020.78
41	1885	Mieke Buitendag	EDEN	01:29.27	1015.46	00:47.01	1004.95	0.00	2020.41
42	3094	Mari Moolman	EP	01:38.07	997.86	00:44.14	1019.30	0.00	2017.16
43	2958	Hayley Greyvenstein	BOR	01:34.08	1005.84	00:46.09	1009.55	0.00	2015.39
44	1420	Berne Peters	W.P.	01:22.29	1029.42	00:50.82	985.90	0.00	2015.32
45	2924	Leah Hopper	EDEN	01:31.48	1011.04	00:47.16	1004.20	0.00	2015.24
46	2962	Brooklyn Terwin	BOR	01:33.15	1007.70	00:46.81	1005.95	0.00	2013.65
47	2012	Zoe Schmidt	LIM	01:34.42	1005.16	00:46.69	1006.55	0.00	2011.71
48	2822	Grizelda Janse van ensburg	NW	01:26.99	1020.02	00:51.07	984.65	0.00	2004.67
49	1834	Lheane Du Plessis	EDEN	01:32.80	1008.40	00:50.80	986.00	0.00	1994.40
50	2786	Francesca Venter	EP	01:26.31	1021.38	00:53.89	970.55	0.00	1991.93
51	2944	Jane Botha	NFS	01:36.27	1001.46	00:50.17	989.15	0.00	1990.61
52	3552	Emma Ranger	BOR	01:29.20	1015.60	00:53.42	972.90	0.00	1988.50
53	1288	Livia Vancoillie	W.P.	01:37.27	999.46	00:50.64	986.80	0.00	1986.26
54	1832	Lily Marais	EDEN	01:39.99	994.02	00:52.44	977.80	0.00	1971.82
55	3072	Genevieve Venter	NFS	01:51.05	971.90	00:48.31	998.45	0.00	1970.35
56	3218	Amélie Polson	GN	01:40.73	992.54	00:56.40	958.00	0.00	1950.54
57	2823	Liane von Moltke	NW	01:37.47	999.06	01:00.32	938.40	0.00	1937.46
58	3135	Mieke Stimie	NW	01:25.55	1022.90	01:09.81	890.95	0.00	1913.85
59	3345	Cari Schulenburg	GN	03:17.83	798.34	00:46.01	1009.95	0.00	1808.29

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/11 BOYS				-					
1	1338	D'niel Conradie	BOL	01:12.83	1036.34	00:35.17	1059.15	0.00	2095.49
2	1376	Benjamin Pautz	W.P.	01:19.29	1023.42	00:33.61	1066.95	0.00	2090.37
3	1455	Andre Nicolaas Strydom	EP	01:17.79	1026.42	00:34.27	1063.65	0.00	2090.07
4	2555	Daniel Schaefer	BOL	01:19.82	1022.36	00:34.85	1060.75	0.00	2083.11
5	1227	Stephan Pienaar	W.P.	01:12.62	1036.76	00:37.80	1046.00	0.00	2082.76
6	2913	Wanru Haasbroek	EDEN	01:13.40	1035.20	00:37.55	1047.25	0.00	2082.45
7	1858	Caleb Coates	EDEN	01:22.44	1017.12	00:33.99	1065.05	0.00	2082.17
8	1786	Liam Venter	KZN	01:14.83	1032.34	00:37.06	1049.70	0.00	2082.04
9	2162	Hanlo Moolman	EP	01:09.20	1043.60	00:39.54	1037.30	0.00	2080.90
10	2737	Ruben Du Toit	MP	01:14.11	1033.78	00:38.13	1044.35	0.00	2078.13
11	2134	Theodore Opperman	GRI	01:17.33	1027.34	00:37.02	1049.90	0.00	2077.24
12	1224	Harry Steyn	W.P.	01:21.05	1019.90	00:36.20	1054.00	0.00	2073.90
13	1426	Christiaan Stander	BOL	01:21.00	1020.00	00:36.61	1051.95	0.00	2071.95
14	2390	Reuben Matthysen	MP	01:17.74	1026.52	00:38.38	1043.10	0.00	2069.62
15	1247	Jack Fouche	W.P.	01:19.45	1023.10	00:38.05	1044.75	0.00	2067.85
16	2968	Alex Lubbe	BOR	01:19.05	1023.90	00:38.50	1042.50	0.00	2066.40
17	1474	Christiaan Liebenberg	NW	01:14.66	1032.68	00:40.59	1032.05	0.00	2064.73
18	1532	Liam Shaw	SFS	01:18.86	1024.28	00:39.41	1037.95	0.00	2062.23
19	2774	Jordan Heath	EP	01:20.52	1020.96	00:39.06	1039.70	0.00	2060.66
20	1443	Jean-Luc Joubert	W.P.	01:13.06	1035.88	00:42.27	1023.65	0.00	2059.53
21	2597	Tiaan Wagener	BOL	01:22.68	1016.64	00:38.43	1042.85	0.00	2059.49
22	2875	Matthew Thomas	W.P.	01:18.34	1025.32	00:40.25	1033.75	0.00	2059.07
23	1559	Rauch Burger	SFS	01:23.09	1015.82	00:38.79	1041.05	0.00	2056.87
24	2160	Luan Moolman	EP	01:16.80	1028.40	00:41.51	1027.45	0.00	2055.85
25	2970	Carter	BOR	01:19.04	1023.92	00:40.89	1030.55	0.00	2054.47

		Palmer							
Rank	Points	Name	Country	Time	Score	Time	Score	Time	Score
26	3441	Rykers van Rooyen	GN	01:16.79	1028.42	00:42.17	1024.15	0.00	2052.57
27	3147	Wihan De Waal	NFS	01:29.83	1002.34	00:37.50	1047.50	0.00	2049.84
28	2633	AJ Naude	BOL	01:19.83	1022.34	00:41.70	1026.50	0.00	2048.84
29	2928	Ruan Share	EDEN	01:17.47	1027.06	00:42.65	1021.75	0.00	2048.81
30	3347	Elisha Stewart	GN	01:17.78	1026.44	00:42.79	1021.05	0.00	2047.49
31	2964	Marius Wessels	NFS	01:16.12	1029.76	00:43.56	1017.20	0.00	2046.96
32	1074	Joshua Richter	EP	01:20.67	1020.66	00:41.77	1026.15	0.00	2046.81
33	1508	De Wet Botes	EDEN	01:24.10	1013.80	00:40.73	1031.35	0.00	2045.15
34	2865	Marcus Dippenaar	EDEN	01:17.87	1026.26	00:43.45	1017.75	0.00	2044.01
35	3293	Ian Dreyer	GN	01:26.68	1008.64	00:40.59	1032.05	0.00	2040.69
36	2512	Luka Visser	BOL	01:20.84	1020.32	00:43.44	1017.80	0.00	2038.12
37	2720	Dylan Snyders	BOL	01:19.59	1022.82	00:44.24	1013.80	0.00	2036.62
38	2677	Wehan Van Deventer	BOL	01:20.97	1020.06	00:43.99	1015.05	0.00	2035.11
39	2950	Christiaan Engelbrecht	NFS	01:24.43	1013.14	00:42.84	1020.80	0.00	2033.94
40	3209	John William Grobler	GN	01:17.46	1027.08	00:45.78	1006.10	0.00	2033.18
41	2953	Adriaan Du Toit	NFS	01:36.83	988.34	00:38.67	1041.65	0.00	2029.99
42	1797	Daniel Theron	BOL	01:18.13	1025.74	00:46.20	1004.00	0.00	2029.74
43	1156	Riaan du Toit	EP	01:18.08	1025.84	00:46.99	1000.05	0.00	2025.89
44	1556	Hanco van Zyl	SFS	01:19.50	1023.00	00:46.68	1001.60	0.00	2024.60
45	1656	Xavier Xulu	KZN	01:25.06	1011.88	00:44.55	1012.25	0.00	2024.13
46	2198	Samuel Grobler	GRI	01:24.73	1012.54	00:44.87	1010.65	0.00	2023.19
47	2839	Philip Geldenhuys	NFS	01:14.96	1032.08	00:48.95	990.25	0.00	2022.33
48	2008	Michael Marais	LIM	01:28.32	1005.36	00:45.07	1009.65	0.00	2015.01
49	1667	Jason Williams	KZN	01:28.36	1005.28	00:45.09	1009.55	0.00	2014.83
50	1171	Christian Slabbert	EP	01:14.11	1033.78	00:51.21	978.95	0.00	2012.73
51	1553	Lian Botha	SFS	01:16.52	1028.96	00:50.33	983.35	0.00	2012.31
52	2080	Joha Bezuidenhout	GRI	01:20.55	1020.90	00:48.92	990.40	0.00	2011.30

53	1489	Walter Pretorius	EP	01:24.39	1013.22	00:47.42	997.90	0.00	2011.12
54	2973	Jeandré Wessels	BOR	01:32.60	996.80	00:44.50	1012.50	0.00	2009.30
55	3071	Barend Van der Merwer	NFS	01:25.15	1011.70	00:48.31	993.45	0.00	2005.15
56	3325	Henlo Heydenrych	GN	01:23.49	1015.02	00:49.00	990.00	0.00	2005.02
57	1533	Liam Bakkes	SFS	01:20.07	1021.86	00:51.26	978.70	0.00	2000.56
58	2239	Luke Basson	KZN	01:22.24	1017.52	00:52.11	974.45	0.00	1991.97
59	1826	Martin Roux	EDEN	01:22.01	1017.98	00:53.90	965.50	0.00	1983.48
60	2818	Erich Basson	NW	01:36.37	989.26	00:48.31	993.45	0.00	1982.71
61	2029	Tiaan Victor	GRI	01:28.77	1004.46	00:51.47	977.65	0.00	1982.11
62	1136	Reghardt van Zyl	EP	01:37.22	987.56	00:48.26	993.70	0.00	1981.26
63	2412	Stefanus Louw	W.P.	01:24.40	1013.20	00:56.04	954.80	0.00	1968.00
64	3202	Rigter Van Wyngaard	GN	01:37.56	986.88	00:51.13	979.35	0.00	1966.23
65	2867	Christoff Els	W.P.	01:23.72	1014.56	00:57.81	945.95	0.00	1960.51
66	3130	Edrich Rossouw	NFS	01:34.34	993.32	00:54.04	964.80	0.00	1958.12
67	2473	Ethan Gunther	CG	01:34.48	993.04	00:54.05	964.75	0.00	1957.79
68	2741	Mynhardt Wessels	MP	01:31.23	999.54	00:59.03	939.85	0.00	1939.39
69	3352	Johan Benjamin du Venage	GN	01:33.13	995.74	00:59.08	939.60	0.00	1935.34
70	2828	Rohan Swart	NW	01:30.72	1000.56	01:04.13	914.35	0.00	1914.91
71	2728	Corne Zion Botha	MP	01:28.58	1004.84	00:00.00	0.00	0.00	1004.84
#		Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/13 GIRLS				-					
1	1827	Arabelle Grutter	EDEN	02:36.69	1056.62	00:30.80	1082.00	0.00	2138.62
2	2792	Megan Kleynhans	CG	02:29.48	1071.04	00:32.31	1066.90	0.00	2137.94
3	2975	Hannah Hattingh	BOR	02:33.76	1062.48	00:31.56	1074.40	0.00	2136.88
4	1315	Tatiana Thomatos	W.P.	02:30.10	1069.80	00:32.62	1063.80	0.00	2133.60
5	1677	Ellen Calf	KZN	02:43.61	1042.78	00:30.87	1081.30	0.00	2124.08

6	1418	Larah Aucamp	W.P.	02:34.75	1060.50	00:32.87	1061.30	0.00	2121.80
7	1689	Payton Aitken	KZN	02:54.28	1021.44	00:29.65	1093.50	0.00	2114.94
8	2976	Emily Hattingh	BOR	02:41.91	1046.18	00:33.38	1056.20	0.00	2102.38
9	2446	Beane Noeth	GRI	02:48.49	1033.02	00:33.28	1057.20	0.00	2090.22
10	1688	Amber Liebbrandt	KZN	02:54.81	1020.38	00:32.37	1066.30	0.00	2086.68
11	1577	Leandi Prinsloo	SFS	02:58.12	1013.76	00:31.77	1072.30	0.00	2086.06
12	1067	Sophia Jansen	EP	02:37.42	1055.16	00:36.26	1027.40	0.00	2082.56
13	1475	Inneke Liebenberg	NW	02:47.42	1035.16	00:34.68	1043.20	0.00	2078.36
14	1525	Michelle Pienaar	SFS	02:38.64	1052.72	00:36.54	1024.60	0.00	2077.32
15	1363	Danelle van Tonder	W.P.	02:43.99	1042.02	00:35.51	1034.90	0.00	2076.92
16	1100	Minette van Zyl	EP	02:55.83	1018.34	00:33.15	1058.50	0.00	2076.84
17	2912	Dune Haasbroek	EDEN	02:33.97	1062.06	00:37.56	1014.40	0.00	2076.46
18	1255	Mieka Vermeulen	W.P.	02:40.53	1048.94	00:36.47	1025.30	0.00	2074.24
19	2366	Zoe Morgado	MP	02:51.19	1027.62	00:34.40	1046.00	0.00	2073.62
20	2578	Lene Basson	BOL	02:49.20	1031.60	00:35.65	1033.50	0.00	2065.10
21	1020	Ankia Human	BOL	02:38.98	1052.04	00:37.78	1012.20	0.00	2064.24
22	1657	Saskya Kistnasami	KZN	02:54.80	1020.40	00:34.72	1042.80	0.00	2063.20
23	3275	Amelia Oosthuizen	GN	02:52.43	1025.14	00:35.58	1034.20	0.00	2059.34
24	1321	Lara Stander	W.P.	02:33.34	1063.32	00:39.47	995.30	0.00	2058.62
25	2746	Jessica Matthysen	MP	02:53.45	1023.10	00:35.94	1030.60	0.00	2053.70
26	2572	Isabella Olivier	BOL	02:58.72	1012.56	00:34.94	1040.60	0.00	2053.16
27	1681	Annabelle Van Heerden	KZN	03:09.10	991.80	00:33.55	1054.50	0.00	2046.30
28	1350	Anke Stander	W.P.	02:36.47	1057.06	00:40.27	987.30	0.00	2044.36
29	1680	Addison Cochran	KZN	02:53.11	1023.78	00:37.39	1016.10	0.00	2039.88
30	2267	Marguerite	CG	02:59.93	1010.14	00:36.06	1029.40	0.00	2039.54

		Cockeran							
Rank	Points	Name	Code	Time	Score	Time	Score	Time	Score
31	1631	Ashleigh de Jager	SFS	03:08.44	993.12	00:34.36	1046.40	0.00	2039.52
32	1200	Mieke van Staden	EP	03:01.84	1006.32	00:35.75	1032.50	0.00	2038.82
33	2351	Danicka Groenewald	MP	02:39.52	1050.96	00:40.32	986.80	0.00	2037.76
34	1003	Lucia Kempen	BOL	02:49.96	1030.08	00:38.74	1002.60	0.00	2032.68
35	2103	Janke Steenkamp	MP	02:36.74	1056.52	00:41.44	975.60	0.00	2032.12
36	3386	Marine Pretorius	GRI	03:00.55	1008.90	00:36.68	1023.20	0.00	2032.10
37	2697	Mikayla Barnard	BOL	02:46.48	1037.04	00:39.59	994.10	0.00	2031.14
38	1454	Milan Janse van Rensburg	EP	03:13.16	983.68	00:34.33	1046.70	0.00	2030.38
39	1015	Inge Brand	BOL	02:55.63	1018.74	00:37.86	1011.40	0.00	2030.14
40	1642	Franzelle Barnard	SFS	02:47.91	1034.18	00:39.44	995.60	0.00	2029.78
41	2514	Anne van Zyl	BOL	02:58.20	1013.60	00:37.53	1014.70	0.00	2028.30
42	2978	Mia Lombard	BOR	02:55.04	1019.92	00:38.31	1006.90	0.00	2026.82
43	1581	Claire Combrink	SFS	03:08.72	992.56	00:35.89	1031.10	0.00	2023.66
44	2945	Carli Serfontein	NFS	03:00.21	1009.58	00:37.92	1010.80	0.00	2020.38
45	3238	Emma Loubser	EDEN	03:11.26	987.48	00:36.87	1021.30	0.00	2008.78
46	2738	Milnie Du Toit	MP	03:06.17	997.66	00:38.03	1009.70	0.00	2007.36
47	1151	Anje Potgeiter	EP	02:52.24	1025.52	00:41.05	979.50	0.00	2005.02
48	2947	Isabelle Welgemoed	NFS	03:27.63	954.74	00:34.07	1049.30	0.00	2004.04
49	1658	Tyloh Aitken	KZN	03:20.81	968.38	00:35.63	1033.70	0.00	2002.08
50	1177	Kaitlyn Richter	EP	02:59.32	1011.36	00:39.94	990.60	0.00	2001.96
51	1823	Megan Stahmer	EDEN	02:44.98	1040.04	00:43.13	958.70	0.00	1998.74
52	1824	Kara van der Merwe	EDEN	02:56.32	1017.36	00:41.17	978.30	0.00	1995.66
53	2041	Irma Kotze	NW	03:19.97	970.06	00:36.51	1024.90	0.00	1994.96
54	2789	Mila Koortzen	GRI	02:57.73	1014.54	00:41.15	978.50	0.00	1993.04
55	1798	Danielle	EDEN	03:05.70	998.60	00:40.65	983.50	0.00	1982.10

		Bond							
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming	Bonus Points	Total Points	
56	2645	Jani Barkhuysen	BOL	03:08.17	993.66	00:40.37	986.30	0.00	1979.96
57	3203	Laura Marais	GN	03:02.05	1005.90	00:41.76	972.40	0.00	1978.30
58	3295	Marubini Matumba	NFS	03:10.67	988.66	00:40.34	986.60	0.00	1975.26
59	2093	Klara van Wyk	SFS	03:12.56	984.88	00:40.23	987.70	0.00	1972.58
60	1047	Francesca Flack	BOL	03:24.58	960.84	00:38.03	1009.70	0.00	1970.54
61	1470	Mieke Botha	NW	03:03.94	1002.12	00:42.53	964.70	0.00	1966.82
62	3297	Amber Koen	NFS	03:11.00	988.00	00:41.64	973.60	0.00	1961.60
63	1181	Ava Larter	EP	03:08.09	993.82	00:42.26	967.40	0.00	1961.22
64	2986	Olothando Ndzundzu	BOR	03:25.15	959.70	00:38.86	1001.40	0.00	1961.10
65	1900	Donay Botes	EDEN	03:09.36	991.28	00:42.10	969.00	0.00	1960.28
66	1676	Molly Calf	KZN	03:27.43	955.14	00:38.83	1001.70	0.00	1956.84
67	2210	Alicia Kock	GRI	03:30.44	949.12	00:38.75	1002.50	0.00	1951.62
68	1851	Leah Hedderwick	EP	03:31.94	946.12	00:40.10	989.00	0.00	1935.12
69	2006	Hannah Landsberg	LIM	03:16.17	977.66	00:43.72	952.80	0.00	1930.46
70	3239	Klara Loubser	EDEN	03:29.29	951.42	00:41.26	977.40	0.00	1928.82
71	2838	Jana Geldenhuys	NFS	03:03.45	1003.10	00:46.66	923.40	0.00	1926.50
72	2019	Lisa-Anne van Goeverden	EDEN	03:05.06	999.88	00:47.75	912.50	0.00	1912.38
73	1692	Hayley Williams	KZN	03:40.55	928.90	00:40.86	981.40	0.00	1910.30
74	2967	Marine Wilken	NFS	03:38.84	932.32	00:43.98	950.20	0.00	1882.52
75	3353	Elaina Christine du Venage	GN	03:01.12	1007.76	00:53.40	856.00	0.00	1863.76
76	3526	Mekayla Stein	GN	03:12.80	984.40	00:52.86	861.40	0.00	1845.80
77	3189	Almay Cornelissen	GN	02:52.75	1024.50	01:13.47	655.30	0.00	1679.80
78	1539	Arinda Vorster	SFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00
79	2079	Camilla Heuer	BOR	00:00.00	0.00	00:00.00	0.00	0.00	0.00

U/13 BOYS				-					
1	1048	Schalk Meiring	BOL	02:23.62	1074.76	00:33.29	1047.10	0.00	2121.86
2	2641	Arden Kotze	BOL	02:29.04	1063.92	00:32.27	1057.30	0.00	2121.22
3	2358	Giann Wessels	MP	02:27.26	1067.48	00:33.52	1044.80	0.00	2112.28
4	1634	Devon Reinders	SFS	02:35.38	1051.24	00:32.19	1058.10	0.00	2109.34
5	1469	Egbert Palmer	NW	02:36.26	1049.48	00:32.20	1058.00	0.00	2107.48
6	2988	Tiaan Wessels	BOR	02:41.45	1039.10	00:31.58	1064.20	0.00	2103.30
7	2575	Jason Du Plessis	BOL	02:43.08	1035.84	00:31.73	1062.70	0.00	2098.54
8	1173	Kellen Jones	EP	02:47.24	1027.52	00:30.94	1070.60	0.00	2098.12
9	2775	Marnus Calitz Prinsloo	EP	02:32.33	1057.34	00:34.16	1038.40	0.00	2095.74
10	2719	Kyle Snyders	BOL	02:43.73	1034.54	00:31.94	1060.60	0.00	2095.14
11	1211	Liam Els	W.P.	02:27.86	1066.28	00:35.12	1028.80	0.00	2095.08
12	1840	Johannes Brink	EDEN	02:33.13	1055.74	00:34.63	1033.70	0.00	2089.44
13	1208	Niel Conradie	W.P.	02:30.75	1060.50	00:35.25	1027.50	0.00	2088.00
14	1089	Bjorn Maree	EP	02:42.73	1036.54	00:33.19	1048.10	0.00	2084.64
15	1698	Troy Allison	KZN	02:46.03	1029.94	00:32.68	1053.20	0.00	2083.14
16	2990	Liam Palmer	BOR	02:37.87	1046.26	00:34.36	1036.40	0.00	2082.66
17	1438	Delmar Benecke	W.P.	02:35.50	1051.00	00:34.85	1031.50	0.00	2082.50
18	2515	Wian Van der Merwe	BOL	02:36.76	1048.48	00:34.75	1032.50	0.00	2080.98
19	2184	Archie Rabie	EP	02:33.85	1054.30	00:35.53	1024.70	0.00	2079.00
20	3529	Buhle Tshabalala	GN	02:46.70	1028.60	00:33.16	1048.40	0.00	2077.00
21	1192	Christian Theron	EP	02:40.86	1040.28	00:34.93	1030.70	0.00	2070.98
22	1302	MC Joubert	W.P.	02:41.50	1039.00	00:35.34	1026.60	0.00	2065.60
23	1702	Charlie Calf	KZN	02:53.18	1015.64	00:33.34	1046.60	0.00	2062.24
24	3288	Lourens Boekhoud	GN	02:47.10	1027.80	00:34.80	1032.00	0.00	2059.80
25	3201	Charl De Bruin	GN	02:38.77	1044.46	00:36.48	1015.20	0.00	2059.66

26	1701	Riley Horton	KZN	02:48.56	1024.88	00:34.71	1032.90	0.00	2057.78
27	2243	Bradley Leppan	KZN	02:46.94	1028.12	00:35.21	1027.90	0.00	2056.02
28	3136	Lodewyk Nicolaas (Victor) Scheepers	NW	02:53.26	1015.48	00:34.38	1036.20	0.00	2051.68
29	1354	Alexander Van der Werf	W.P.	02:25.63	1070.74	00:40.47	975.30	0.00	2046.04
30	2280	Jean Troskie	W.P.	02:56.51	1008.98	00:34.30	1037.00	0.00	2045.98
31	1094	Arno Nortje	EP	02:41.07	1039.86	00:37.45	1005.50	0.00	2045.36
32	2820	Armand Barnard	NW	02:45.74	1030.52	00:36.70	1013.00	0.00	2043.52
33	2673	Eben Cilliers	BOL	02:31.01	1059.98	00:39.89	981.10	0.00	2041.08
34	2827	Nico Swart	NW	02:45.12	1031.76	00:37.09	1009.10	0.00	2040.86
35	1008	Nathan Van Litsenborgh	BOL	02:42.09	1037.82	00:37.99	1000.10	0.00	2037.92
36	1191	Liam Forsythe	EP	03:03.26	995.48	00:33.91	1040.90	0.00	2036.38
37	2011	Ethan Schmidt	LIM	02:57.37	1007.26	00:35.40	1026.00	0.00	2033.26
38	3131	JP Botha	NFS	02:50.10	1021.80	00:36.86	1011.40	0.00	2033.20
39	1527	Marnus van Rensburg	SFS	03:02.11	997.78	00:34.87	1031.30	0.00	2029.08
40	2519	Herman Engelbrecht	BOL	02:48.89	1024.22	00:37.90	1001.00	0.00	2025.22
41	2064	NJ Tiedt	GRI	02:53.95	1014.10	00:37.05	1009.50	0.00	2023.60
42	1528	Dries van Tonder	SFS	02:35.78	1050.44	00:41.01	969.90	0.00	2020.34
43	1965	Peter Ulrich Louw	GRI	03:03.02	995.96	00:35.59	1024.10	0.00	2020.06
44	1574	Cornè Liversage	SFS	03:08.22	985.56	00:34.85	1031.50	0.00	2017.06
45	2141	Joshua Jacobs	GRI	03:00.23	1001.54	00:36.49	1015.10	0.00	2016.64
46	2017	Jamie Venter	LIM	03:07.03	987.94	00:35.90	1021.00	0.00	2008.94
47	1700	Oliver Murgatroyd	KZN	02:51.21	1019.58	00:39.15	988.50	0.00	2008.08
48	1423	Wian Joubert	W.P.	02:54.30	1013.40	00:39.20	988.00	0.00	2001.40
49	2853	Dehan Meyer	EDEN	02:49.90	1022.20	00:40.48	975.20	0.00	1997.40
50	1645	Theo Pretorius	W.P.	02:51.37	1019.26	00:40.45	975.50	0.00	1994.76

51	2132	Christiaan Bakkes	SFS	03:07.68	986.64	00:37.20	1008.00	0.00	1994.64
52	1837	Callan Du Plessis	EDEN	02:44.11	1033.78	00:42.09	959.10	0.00	1992.88
53	2929	Dewald van der Westhuizen	EDEN	03:10.36	981.28	00:36.92	1010.80	0.00	1992.08
54	2849	Albert Van Staden	NFS	03:22.47	957.06	00:34.97	1030.30	0.00	1987.36
55	1570	JM van Rooyen	SFS	03:08.74	984.52	00:37.79	1002.10	0.00	1986.62
56	3294	Rikus De Bruin	GN	03:08.20	985.60	00:37.92	1000.80	0.00	1986.40
57	1573	Ignus Jacobs	SFS	02:41.23	1039.54	00:43.39	946.10	0.00	1985.64
58	1571	Christiaan Wilkinson	SFS	03:02.33	997.34	00:39.89	981.10	0.00	1978.44
59	2046	Dian Scholtz	GRI	02:55.22	1011.56	00:41.35	966.50	0.00	1978.06
60	1238	Franko Peters	W.P.	02:41.37	1039.26	00:44.80	932.00	0.00	1971.26
61	2388	Damian Botha	MP	02:31.19	1059.62	00:47.75	902.50	0.00	1962.12
62	2197	Ruben Grobler	GRI	03:09.60	982.80	00:40.25	977.50	0.00	1960.30
63	2580	John-Henry Thiant	BOL	02:30.04	1061.92	00:49.23	887.70	0.00	1949.62
64	2834	Johny Donald	NFS	03:24.99	952.02	00:38.60	994.00	0.00	1946.02
65	1696	Luke Coetzee	KZN	03:18.81	964.38	00:40.65	973.50	0.00	1937.88
66	2464	Altus Kruger	LIM	03:29.73	942.54	00:38.60	994.00	0.00	1936.54
67	2211	Jovan Cronje	GRI	03:24.65	952.70	00:39.98	980.20	0.00	1932.90
68	3245	Willem-Daniel Matthee	EDEN	02:47.48	1027.04	00:47.96	900.40	0.00	1927.44
69	1699	Kai Marks	KZN	03:28.42	945.16	00:41.26	967.40	0.00	1912.56
70	1888	Almero Van Niekerk	EDEN	03:41.32	919.36	00:42.45	955.50	0.00	1874.86
71	3348	Luca Netto	GN	02:58.75	1004.50	01:05.42	725.80	0.00	1730.30
72	3120	Kairo Ferreira De Sousa	NFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 GIRLS				-					
1	1109	Jenna	EP	02:27.14	1063.72	01:03.34	1073.30	0.00	2137.02

		Coetzee							
Rank	Points	Name	Code	Time	Score	Time	Score	Time	Score
2	1049	Simone van der Merwe	W.P.	02:22.27	1073.46	01:05.33	1063.35	0.00	2136.81
3	1084	Marony Jacobs	EP	02:33.09	1051.82	01:02.95	1075.25	0.00	2127.07
4	1245	Almi Geyser	W.P.	02:30.82	1056.36	01:09.98	1040.10	0.00	2096.46
5	1500	Mathilda Liebenberg	NW	02:36.53	1044.94	01:07.73	1051.35	0.00	2096.29
6	1232	Imke Els	W.P.	02:28.78	1060.44	01:11.84	1030.80	0.00	2091.24
7	1713	Kayla-Jade Van Heerden	KZN	02:42.70	1032.60	01:07.66	1051.70	0.00	2084.30
8	1025	Mienke Kempen	BOL	02:35.36	1047.28	01:11.75	1031.25	0.00	2078.53
9	2520	Carine Rontgen	BOL	02:46.38	1025.24	01:08.48	1047.60	0.00	2072.84
10	1451	Elne Reynolds	EP	02:45.32	1027.36	01:09.30	1043.50	0.00	2070.86
11	1924	Anne Marais	LIM	02:39.67	1038.66	01:11.71	1031.45	0.00	2070.11
12	1714	Beux Dempsey	KZN	02:53.05	1011.90	01:06.97	1055.15	0.00	2067.05
13	2659	Maria Du Toit	BOL	02:37.05	1043.90	01:13.83	1020.85	0.00	2064.75
14	1904	Emma Neethling	EDEN	02:49.00	1020.00	01:09.25	1043.75	0.00	2063.75
15	1709	Bailey Lambert	KZN	03:00.06	997.88	01:05.68	1061.60	0.00	2059.48
16	1586	Mika-Leigh Strydom	SFS	02:34.02	1049.96	01:16.34	1008.30	0.00	2058.26
17	1312	Mieke van de Wall	W.P.	02:54.94	1008.12	01:08.02	1049.90	0.00	2058.02
18	1332	Kari Hillebrand	W.P.	02:29.13	1059.74	01:19.12	994.40	0.00	2054.14
19	1518	Dani Grobler	SFS	02:50.14	1017.72	01:10.88	1035.60	0.00	2053.32
20	3281	Danielle van Vuuren	GN	02:48.08	1021.84	01:12.37	1028.15	0.00	2049.99
21	2414	Mieke Smit	GRI	02:32.18	1053.64	01:18.88	995.60	0.00	2049.24
22	1519	Marnè van Rensburg	SFS	02:48.28	1021.44	01:12.60	1027.00	0.00	2048.44
23	2372	Clerise Barkhuizen	MP	02:35.87	1046.26	01:18.19	999.05	0.00	2045.31
24	1141	Tatum Dace	EP	02:54.05	1009.90	01:11.16	1034.20	0.00	2044.10
25	1065	Lienke Els	EP	02:57.27	1003.46	01:10.24	1038.80	0.00	2042.26
26	3150	Katelyn Fourie	NFS	03:09.74	978.52	01:06.86	1055.70	0.00	2034.22
27	1010	Kehara	BOL	02:34.34	1049.32	01:21.65	981.75	0.00	2031.07

		Human							
28	2523	Esti Mouton	BOL	02:52.52	1012.96	01:14.84	1015.80	0.00	2028.76
29	2995	Leila Schenk	BOR	02:34.99	1048.02	01:22.07	979.65	0.00	2027.67
30	1395	Stephanie Minnaar	W.P.	02:36.56	1044.88	01:21.84	980.80	0.00	2025.68
31	3241	Mela Loubser	EDEN	02:44.90	1028.20	01:18.88	995.60	0.00	2023.80
32	3410	Zani Vermeulen	EDEN	02:57.62	1002.76	01:14.84	1015.80	0.00	2018.56
33	2053	Anrilé Victor	GRI	02:35.37	1047.26	01:23.75	971.25	0.00	2018.51
34	1632	Katie de Jager	SFS	03:12.57	972.86	01:09.04	1044.80	0.00	2017.66
35	2040	Rene Kotze	NW	03:06.77	984.46	01:11.63	1031.85	0.00	2016.31
36	1846	Caitlyn Cawood	EDEN	02:26.07	1065.86	01:28.33	948.35	0.00	2014.21
37	1507	Lizandri Koen	EDEN	02:34.29	1049.42	01:25.53	962.35	0.00	2011.77
38	2903	Carli Dippenaar	EDEN	02:53.75	1010.50	01:18.01	999.95	0.00	2010.45
39	1592	Amelia Vincent	SFS	03:09.33	979.34	01:12.18	1029.10	0.00	2008.44
40	2133	Elizabeth Opperman	GRI	03:01.11	995.78	01:15.48	1012.60	0.00	2008.38
41	2144	Michaela Mitchley	GRI	02:57.15	1003.70	01:17.14	1004.30	0.00	2008.00
42	3536	Mieke Van Der Walt	EDEN	03:12.13	973.74	01:11.71	1031.45	0.00	2005.19
43	1149	Carlien Oosthuizen	EP	02:57.36	1003.28	01:18.48	997.60	0.00	2000.88
44	2001	Kaylie Groenewald	LIM	03:09.89	978.22	01:13.62	1021.90	0.00	2000.12
45	1013	Jacy Brand	BOL	02:53.03	1011.94	01:20.49	987.55	0.00	1999.49
46	2997	Sarah-Jane Mouton	BOR	03:10.76	976.48	01:13.59	1022.05	0.00	1998.53
47	1788	Roxy de Kock	KZN	02:49.11	1019.78	01:23.02	974.90	0.00	1994.68
48	1928	Mia Botha	EDEN	02:40.19	1037.62	01:28.63	946.85	0.00	1984.47
49	2832	Ane Snyders	NFS	03:18.93	960.14	01:13.20	1024.00	0.00	1984.14
50	1401	Lana Doman	W.P.	03:03.20	991.60	01:19.60	992.00	0.00	1983.60
51	1587	Lunè Fourie	SFS	02:54.90	1008.20	01:23.00	975.00	0.00	1983.20
52	3171	Marthine Swanepoel	NW	02:48.45	1021.10	01:25.83	960.85	0.00	1981.95
53	2218	Sune von Wielligh	GRI	03:03.88	990.24	01:20.09	989.55	0.00	1979.79

54	1641	Chrisley Barnard	SFS	03:15.92	966.16	01:16.09	1009.55	0.00	1975.71
55	1104	Kylie Klaasen	EP	02:55.24	1007.52	01:24.84	965.80	0.00	1973.32
56	1043	Anmi Slabbert	BOL	03:01.45	995.10	01:22.54	977.30	0.00	1972.40
57	1588	Chanè Fourie	SFS	03:13.05	971.90	01:18.64	996.80	0.00	1968.70
58	1889	Ebenette Van Niekerk	EDEN	03:05.77	986.46	01:21.95	980.25	0.00	1966.71
59	2404	Talita Wessels	MP	02:58.65	1000.70	01:25.14	964.30	0.00	1965.00
60	2521	Liani Nieuwoudt	BOL	02:40.40	1037.20	01:33.87	920.65	0.00	1957.85
61	2866	Deruschka Grobbelaar	EDEN	02:56.78	1004.44	01:28.17	949.15	0.00	1953.59
62	2286	Kara Du Preez	MP	03:04.73	988.54	01:25.07	964.65	0.00	1953.19
63	3158	Marize Fourie	NFS	03:05.38	987.24	01:25.57	962.15	0.00	1949.39
64	1471	Imke Botha	NW	02:56.17	1005.66	01:29.63	941.85	0.00	1947.51
65	2405	Nina Wessels	MP	02:58.58	1000.84	01:28.86	945.70	0.00	1946.54
66	2859	Mienke Geldenhuys	NW	02:54.77	1008.46	01:31.10	934.50	0.00	1942.96
67	1710	Jenna Grove	KZN	03:06.65	984.70	01:28.22	948.90	0.00	1933.60
68	2364	Syboné Hanekom	MP	02:50.27	1017.46	01:36.71	906.45	0.00	1923.91
69	3003	Shaelyn Lawson	BOR	03:11.32	975.36	01:36.07	909.65	0.00	1885.01
70	2731	Christn Engelbrecht	MP	04:01.83	874.34	01:19.71	991.45	0.00	1865.79
71	3119	Danielle Ferreira De Sousa	NFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00
72	3137	Dorette du Plessis	NW	00:00.00	0.00	00:00.00	0.00	0.00	0.00
73	2748	Jamie Da Silva	KZN	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
U/15 BOYS				-					
1	1727	Luke Smith	KZN	02:18.66	1068.68	01:02.57	1067.15	0.00	2135.83
2	1722	Luke James	KZN	02:17.47	1071.06	01:03.52	1062.40	0.00	2133.46
3	1359	Joshua Bannister	W.P.	02:20.89	1064.22	01:03.33	1063.35	0.00	2127.57

4	1283	Alexander Benecke	W.P.	02:20.22	1065.56	01:03.73	1061.35	0.00	2126.91
5	1595	Philip le Roux	SFS	02:34.55	1036.90	01:01.75	1071.25	0.00	2108.15
6	3199	Rupert Groenewald	GN	02:16.62	1072.76	01:09.45	1032.75	0.00	2105.51
7	1022	Thomas van der Merwe	BOL	02:22.02	1061.96	01:07.75	1041.25	0.00	2103.21
8	1521	Francois Cilliers	SFS	02:19.76	1066.48	01:08.89	1035.55	0.00	2102.03
9	1176	Pierre-Daniel Jacobs	EP	02:31.38	1043.24	01:04.96	1055.20	0.00	2098.44
10	1520	Emile Aucamp	SFS	02:19.37	1067.26	01:09.91	1030.45	0.00	2097.71
11	2276	Juan van Tubbergh	W.P.	02:18.18	1069.64	01:11.19	1024.05	0.00	2093.69
12	2142	Tiaan Le Roux	GRI	02:32.38	1041.24	01:05.78	1051.10	0.00	2092.34
13	1234	Kyle Lombard	W.P.	02:41.48	1023.04	01:02.56	1067.20	0.00	2090.24
14	3010	Wyl Wright	BOR	02:34.32	1037.36	01:06.26	1048.70	0.00	2086.06
15	2589	Dieter Naude	BOL	02:33.24	1039.52	01:06.80	1046.00	0.00	2085.52
16	1719	Nabil Bejia	KZN	02:31.70	1042.60	01:07.78	1041.10	0.00	2083.70
17	3298	Jean-Paul Van Dyk	NFS	02:40.74	1024.52	01:04.60	1057.00	0.00	2081.52
18	3405	Adam de Lange	BOR	02:25.25	1055.50	01:12.82	1015.90	0.00	2071.40
19	2824	Dawid Francois Rossouw	NW	02:48.43	1009.14	01:05.24	1053.80	0.00	2062.94
20	2777	Jaco Strydom	EP	02:37.00	1032.00	01:10.08	1029.60	0.00	2061.60
21	1223	Nicolas Minnaar	W.P.	02:29.60	1046.80	01:14.28	1008.60	0.00	2055.40
22	2949	Wian Pienaar	NFS	02:30.38	1045.24	01:14.26	1008.70	0.00	2053.94
23	2411	Daniël Grové	W.P.	02:36.30	1033.40	01:13.64	1011.80	0.00	2045.20
24	2564	Eric Pienaar	BOL	02:41.98	1022.04	01:11.46	1022.70	0.00	2044.74
25	1490	Benjamin Lemke	EP	02:31.82	1042.36	01:15.55	1002.25	0.00	2044.61
26	1857	Johannes van der Merwe	EP	02:32.12	1041.76	01:15.74	1001.30	0.00	2043.06
27	3337	Etienne van Niekerk	EDEN	02:43.98	1018.04	01:11.48	1022.60	0.00	2040.64
28	3074	Ruan Jacobs	NFS	02:52.21	1001.58	01:08.45	1037.75	0.00	2039.33
29	1251	Nathan Pautz	W.P.	02:53.40	999.20	01:08.91	1035.45	0.00	2034.65

30	1164	Alexander Serfontein	EP	02:37.47	1031.06	01:16.34	998.30	0.00	2029.36
31	1937	Juluyn Liam	EDEN	02:37.41	1031.18	01:16.68	996.60	0.00	2027.78
32	2767	Legion Brown	NW	02:36.76	1032.48	01:17.06	994.70	0.00	2027.18
33	2935	Dregan Brink	NFS	02:28.25	1049.50	01:21.78	971.10	0.00	2020.60
34	1110	Zack Slabbert	EP	02:29.86	1046.28	01:22.13	969.35	0.00	2015.63
35	2666	Renso De Wet	BOL	02:40.35	1025.30	01:20.30	978.50	0.00	2003.80
36	1992	Aeden Anderson	LIM	02:41.26	1023.48	01:20.14	979.30	0.00	2002.78
37	2808	Francois Steyn	BOL	02:42.55	1020.90	01:20.02	979.90	0.00	2000.80
38	2825	Gerhard Swart	NW	02:40.67	1024.66	01:20.84	975.80	0.00	2000.46
39	2811	Ruan Strydom	CG	02:39.04	1027.92	01:21.57	972.15	0.00	2000.07
40	3173	Karl Engles	NW	02:56.77	992.46	01:15.12	1004.40	0.00	1996.86
41	3148	Henco Harmse	NFS	02:45.08	1015.84	01:19.88	980.60	0.00	1996.44
42	3309	Ryan Hickey	GN	02:39.76	1026.48	01:22.11	969.45	0.00	1995.93
43	2812	Luan Strydom	CG	02:40.65	1024.70	01:22.36	968.20	0.00	1992.90
44	2897	Jaco de Wet	EDEN	02:25.47	1055.06	01:28.48	937.60	0.00	1992.66
45	2005	Daniel Landsberg	LIM	02:36.62	1032.76	01:26.42	947.90	0.00	1980.66
46	2963	Nieki Erasmus	NFS	03:03.48	979.04	01:16.33	998.35	0.00	1977.39
47	1816	Neziah Fourie	EDEN	02:22.30	1061.40	01:32.84	915.80	0.00	1977.20
48	1340	Christiaan Pienaar	W.P.	02:38.35	1029.30	01:30.85	925.75	0.00	1955.05
49	2385	Renier Barnard	NW	02:48.52	1008.96	01:27.78	941.10	0.00	1950.06
50	3149	Damian Hartman	NFS	03:11.38	963.24	01:19.73	981.35	0.00	1944.59
51	3079	Joshua Smit	NFS	03:18.43	949.14	01:17.99	990.05	0.00	1939.19
52	3539	HW de Waal	EDEN	02:38.07	1029.86	01:34.15	909.25	0.00	1939.11
53	2094	Dirk van Wyk	SFS	03:01.57	982.86	01:25.88	950.60	0.00	1933.46
54	1848	Marno Meyer	EDEN	02:39.44	1027.12	01:35.65	901.75	0.00	1928.87
55	1593	Leo Wilkinson	SFS	02:56.94	992.12	01:29.31	933.45	0.00	1925.57
56	2200	Estiaan Van Rensburg	GRI	03:16.52	952.96	01:22.47	967.65	0.00	1920.61
57	3184	Arno	GN	02:43.21	1019.58	01:37.53	892.35	0.00	1911.93

Laubscher									
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
58	3287	Charles Marais	GN	02:42.90	1020.20	01:37.67	891.65	0.00	1911.85
59	1839	Callie Wannenburg	EDEN	02:43.57	1018.86	01:38.15	889.25	0.00	1908.11
60	3204	Marnus Laubscher	GN	02:30.39	1045.22	01:47.92	840.40	0.00	1885.62
61	2546	Tiaan Badenhorst	BOL	03:11.06	963.88	01:34.45	907.75	0.00	1871.63
62	2819	Inus Basson	NW	02:55.97	994.06	01:42.20	869.00	0.00	1863.06
63	2613	Dirk Neethling	BOL	02:53.31	999.38	01:44.47	857.65	0.00	1857.03
64	2206	Dewyk Rossouw	GRI	03:23.56	938.88	01:33.50	912.50	0.00	1851.38
65	3191	Henco Cornelissen	GN	03:14.88	956.24	01:44.22	858.90	0.00	1815.14
66	1212	Eugene Theron	W.P.	00:00.00	0.00	00:00.00	0.00	0.00	0.00
67	3368	Xander Pretorius	NFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00
68	1856	Marcelle Maree	EP	00:00.00	0.00	00:00.00	0.00	0.00	0.00
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
U/17 GIRLS			-						
1	1099	Keira Van Heerden	EP	02:22.18	1073.64	01:02.17	1079.15	0.00	2152.79
2	1385	Mila Aucamp	W.P.	02:18.63	1080.74	01:05.30	1063.50	0.00	2144.24
3	1391	Charne van Tonder	W.P.	02:34.11	1049.78	01:03.16	1074.20	0.00	2123.98
4	1468	Xandri Palmer	NW	02:32.15	1053.70	01:04.38	1068.10	0.00	2121.80
5	1738	Poppy Dixon	KZN	02:38.04	1041.92	01:02.88	1075.60	0.00	2117.52
6	1643	Danel Rossouw	W.P.	02:33.24	1051.52	01:05.48	1062.60	0.00	2114.12
7	1399	Nadia Rossouw	W.P.	02:36.42	1045.16	01:06.98	1055.10	0.00	2100.26
8	1898	Melissa Kuun	EDEN	02:48.58	1020.84	01:02.73	1076.35	0.00	2097.19
9	2305	Janeske van der Walt	NW	02:39.50	1039.00	01:06.85	1055.75	0.00	2094.75
10	1373	Skye Micklethwaite	W.P.	02:37.24	1043.52	01:08.41	1047.95	0.00	2091.47
11	1345	Mila Prinsloo	W.P.	02:43.35	1031.30	01:06.12	1059.40	0.00	2090.70
12	1305	Lara Botha	BOL	02:42.39	1033.22	01:06.58	1057.10	0.00	2090.32
13	1203	Megan	EP	02:33.52	1050.96	01:10.75	1036.25	0.00	2087.21

		Hough							
Rank	Points	Name	Code	Time	Score	Time	Score	Time	Score
14	1503	Deidre Olivier	NW	02:39.26	1039.48	01:08.87	1045.65	0.00	2085.13
15	2716	Anne Sabbagha	BOL	02:37.70	1042.60	01:10.93	1035.35	0.00	2077.95
16	1014	Rebecca Flack	BOL	02:30.17	1057.66	01:14.44	1017.80	0.00	2075.46
17	1600	Micaela van Rooyen	SFS	02:45.69	1026.62	01:08.79	1046.05	0.00	2072.67
18	1805	Marijie Duvenhage	EDEN	02:35.51	1046.98	01:13.92	1020.40	0.00	2067.38
19	1740	Hannah James	KZN	02:48.39	1021.22	01:09.78	1041.10	0.00	2062.32
20	2356	Tiffany Marshall	MP	02:50.34	1017.32	01:09.18	1044.10	0.00	2061.42
21	1620	Jana Helmand	SFS	02:47.70	1022.60	01:10.54	1037.30	0.00	2059.90
22	2035	Angel Geel	NW	02:45.94	1026.12	01:12.03	1029.85	0.00	2055.97
23	1540	Isabel Vorster	SFS	02:53.21	1011.58	01:10.56	1037.20	0.00	2048.78
24	1215	Mienke Herbst	W.P.	02:58.26	1001.48	01:09.68	1041.60	0.00	2043.08
25	1901	Chane Reinecke	EDEN	02:57.28	1003.44	01:10.48	1037.60	0.00	2041.04
26	2131	Izeldi Jacobs	SFS	02:58.31	1001.38	01:13.50	1022.50	0.00	2023.88
27	1920	Thegan Kuyler	EDEN	02:38.33	1041.34	01:22.01	979.95	0.00	2021.29
28	3222	Anmari Greeff	GN	02:54.91	1008.18	01:15.44	1012.80	0.00	2020.98
29	1735	Sana Tewary	KZN	02:53.46	1011.08	01:17.82	1000.90	0.00	2011.98
30	2830	Charmae Donald	NFS	03:03.66	990.68	01:15.39	1013.05	0.00	2003.73
31	2771	Anya de Ridder	EP	03:10.30	977.40	01:13.23	1023.85	0.00	2001.25
32	1320	Julia Monk	W.P.	02:55.16	1007.68	01:19.85	990.75	0.00	1998.43
33	1196	Alouise Vosloo	EP	02:43.61	1030.78	01:24.65	966.75	0.00	1997.53
34	2201	Alienne Van Rensburg	GRI	03:06.15	985.70	01:15.97	1010.15	0.00	1995.85
35	1734	Samantha Grove	KZN	02:54.32	1009.36	01:21.70	981.50	0.00	1990.86
36	1993	Geane Anderson	LIM	02:46.31	1025.38	01:26.56	957.20	0.00	1982.58
37	3197	Mischa Grobler	GN	03:01.76	994.48	01:23.64	971.80	0.00	1966.28
38	3093	Janita Marsh	EP	03:09.78	978.44	01:24.84	965.80	0.00	1944.24
39	3206	Zandri Odendaal	GN	02:55.45	1007.10	01:31.90	930.50	0.00	1937.60

40	2066	Nicola Tiedt	GRI	03:10.06	977.88	01:28.38	948.10	0.00	1925.98
41	2919	Liane Pretorius	EDEN	02:51.44	1015.12	01:38.12	899.40	0.00	1914.52
42	2787	Ilke Wolmarans	EP	02:43.40	1031.20	01:42.72	876.40	0.00	1907.60
43	3091	Casli Marsh	EP	02:58.63	1000.74	01:38.82	895.90	0.00	1896.64
44	1261	Caitlin De Kock	W.P.	03:03.30	991.40	01:39.15	894.25	0.00	1885.65
45	3344	Danieke Steenkamp	NFS	03:51.76	894.48	01:27.65	951.75	0.00	1846.23
46	3164	Talitha Van Sittert	NFS	03:23.16	951.68	01:41.87	880.65	0.00	1832.33
47	1978	Lane van Rooyen	SFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00
48	1598	Jessica Barnard	SFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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U/17 BOYS

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1	1147	Connor Bagley	EP	02:06.86	1064.28	00:55.36	1063.20	0.00	2127.48
2	2642	Kailen Kotze	BOL	02:06.42	1065.16	00:57.50	1052.50	0.00	2117.66
3	1967	Johan Louw	GRI	02:05.21	1067.58	00:59.31	1043.45	0.00	2111.03
4	1444	Liam Clarke	W.P.	02:10.48	1057.04	00:59.86	1040.70	0.00	2097.74
5	1621	Louis-Harm Fourie	SFS	02:06.16	1065.68	01:04.57	1017.15	0.00	2082.83
6	2475	Matthew Hunt	CG	02:10.73	1056.54	01:02.91	1025.45	0.00	2081.99
7	2304	Ludewikus Nicolaas Classen	NW	02:09.42	1059.16	01:05.21	1013.95	0.00	2073.11
8	1542	Charles Briel	SFS	02:16.49	1045.02	01:02.66	1026.70	0.00	2071.72
9	2586	Zian Naude	BOL	02:20.95	1036.10	01:01.07	1034.65	0.00	2070.75
10	3429	Carl John Willemse	GN	02:17.73	1042.54	01:02.88	1025.60	0.00	2068.14
11	1371	Jacques Geyser	W.P.	02:18.78	1040.44	01:03.36	1023.20	0.00	2063.64
12	3014	Liam Prime	BOR	02:24.11	1029.78	01:01.60	1032.00	0.00	2061.78
13	2609	Christie Engelbrecht	BOL	02:18.17	1041.66	01:04.01	1019.95	0.00	2061.61
14	3139	Heid Mc Laren	NFS	02:20.39	1037.22	01:03.82	1020.90	0.00	2058.12
15	2410	Hannes Grové	W.P.	02:22.88	1032.24	01:02.86	1025.70	0.00	2057.94
16	1486	Xander	EP	02:23.16	1031.68	01:03.39	1023.05	0.00	2054.73

Comprehensive Performance Analysis Report - Q3 2023										
ID	Category	Operational Metrics			Financial Indicators			Compliance & Risk		
		Personnel	Process	Quality	Revenue	Profit	Cost	Audit Score	Risk Level	
Myburgh	17	1139	Daniel Richter	EP	02:13.78	1050.44	01:07.18	1004.10	0.00	2054.54
	18	1390	Luan Stander	W.P.	02:25.41	1027.18	01:04.32	1018.40	0.00	2045.58
	19	2062	LJ Moolenbeek	GRI	02:18.49	1041.02	01:08.09	999.55	0.00	2040.57
	20	2377	Jace Senna Gomes	NW	02:39.76	998.48	01:00.27	1038.65	0.00	2037.13
	21	1028	Christiaan Hattingh	BOL	02:24.49	1029.02	01:06.69	1006.55	0.00	2035.57
22	1235	Stephan Griesel	W.P.	02:14.01	1049.98	01:11.09	984.55	0.00	2034.53	
23	2061	Theuns Janse van Rensburg	GRI	02:17.34	1043.32	01:10.10	989.50	0.00	2032.82	
24	2348	Cullen Clarke	W.P.	02:27.81	1022.38	01:07.01	1004.95	0.00	2027.33	
25	2468	Calvin Dias	LIM	02:21.18	1035.64	01:09.84	990.80	0.00	2026.44	
26	1749	Stirling Dempsey	KZN	02:44.79	988.42	01:00.74	1036.30	0.00	2024.72	
27	1070	Steffen Rademeyer	EP	02:31.89	1014.22	01:06.11	1009.45	0.00	2023.67	
28	1863	Ical van der Merwe	EDEN	02:21.22	1035.56	01:10.40	988.00	0.00	2023.56	
29	2539	Neil-Willem Buchner	BOL	02:30.84	1016.32	01:07.00	1005.00	0.00	2021.32	
30	2389	Michael Swanepoel	MP	02:40.31	997.38	01:03.78	1021.10	0.00	2018.48	
31	1748	St John Spoors	KZN	02:45.51	986.98	01:01.85	1030.75	0.00	2017.73	
32	2226	Stephan Ludik	GRI	02:32.57	1012.86	01:07.77	1001.15	0.00	2014.01	
33	3534	Simo Dlamini	GN	02:26.61	1024.78	01:10.18	989.10	0.00	2013.88	
34	2416	Pretorius Bezuidenhout	GRI	02:25.64	1026.72	01:10.87	985.65	0.00	2012.37	
35	1867	Hanru Kuun	EDEN	02:23.85	1030.30	01:11.90	980.50	0.00	2010.80	
36	3424	Elandré Pretorius	GN	02:43.93	990.14	01:03.98	1020.10	0.00	2010.24	
37	3015	Avuzwa Ndzundzu	BOR	02:24.40	1029.20	01:11.87	980.65	0.00	2009.85	
38	3217	Zander Van Niekerk	GN	02:43.96	990.08	01:04.19	1019.05	0.00	2009.13	
39	1400	Sebastian Theron	W.P.	02:35.88	1006.24	01:08.23	998.85	0.00	2005.09	
40	1746	Gal Marks	KZN	02:46.44	985.12	01:04.07	1019.65	0.00	2004.77	
41	3422	Rudolph Oosthuizen	GN	02:41.90	994.20	01:06.40	1008.00	0.00	2002.20	
42	2568	Paul-Louis Rontgen	BOL	02:31.26	1015.48	01:10.69	986.55	0.00	2002.03	

Rank	Points	Name	Category	Time	Score	Time	Score	Score	Score
43	2463	Kruger Rewan	LIM	02:18.93	1040.14	01:15.71	961.45	0.00	2001.59
44	1605	Liam Liversage	SFS	02:38.17	1001.66	01:08.25	998.75	0.00	2000.41
45	1198	Daniel Nash	EP	02:35.80	1006.40	01:10.34	988.30	0.00	1994.70
46	1286	Jody Karsten	W.P.	02:47.46	983.08	01:05.83	1010.85	0.00	1993.93
47	3066	Jaden de Ridder	EP	02:15.52	1046.96	01:18.98	945.10	0.00	1992.06
48	2202	Rual Deliano Julius	GRI	02:34.31	1009.38	01:11.78	981.10	0.00	1990.48
49	2887	Kean Enslin	EDEN	02:28.35	1021.30	01:15.91	960.45	0.00	1981.75
50	2207	GJ Barnard	GRI	02:33.35	1011.30	01:15.17	964.15	0.00	1975.45
51	3320	Pieter du Venage	GN	02:17.70	1042.60	01:21.57	932.15	0.00	1974.75
52	3078	Ernst Eloff	NFS	02:20.69	1036.62	01:20.49	937.55	0.00	1974.17
53	2186	Tiaan Peens	EP	02:29.05	1019.90	01:19.02	944.90	0.00	1964.80
54	1042	Jan-Paul Hattingh	BOL	02:43.69	990.62	01:14.67	966.65	0.00	1957.27
55	3070	Cobus Kriel	NFS	02:51.87	974.26	01:11.51	982.45	0.00	1956.71
56	2566	Schalk Jonker	BOL	02:25.00	1028.00	01:24.31	918.45	0.00	1946.45
57	2915	Chris Hamilton	EDEN	03:06.55	944.90	01:09.37	993.15	0.00	1938.05
58	1880	Adriaan Albertyn	EDEN	02:52.55	972.90	01:17.55	952.25	0.00	1925.15
59	1891	Johann Grabe	EDEN	02:42.02	993.96	01:22.58	927.10	0.00	1921.06
60	3280	Ludrick Britz	GN	02:37.42	1003.16	01:24.46	917.70	0.00	1920.86
61	3185	Dirk Laubscher	GN	02:28.79	1020.42	01:28.96	895.20	0.00	1915.62
62	1897	Zian Windt	EDEN	02:27.38	1023.24	01:30.76	886.20	0.00	1909.44
63	3118	AJ Van den Berg	NFS	02:44.33	989.34	01:24.66	916.70	0.00	1906.04
64	2214	Wikus Van Wyk	GRI	02:29.28	1019.44	01:34.07	869.65	0.00	1889.09
65	3259	Neldus Scholtz	NW	03:05.41	947.18	01:22.87	925.65	0.00	1872.83
66	2435	Ruan Venter	GRI	02:19.09	1039.82	01:43.17	824.15	0.00	1863.97
67	3069	Johan Kriel	NFS	03:14.18	929.64	01:24.41	917.95	0.00	1847.59
68	3142	Killean Kriek	NFS	02:51.65	974.70	01:37.25	853.75	0.00	1828.45
69	3555	Alister Attwell	BOR	03:01.55	954.90	01:52.88	775.60	0.00	1730.50
70	3317	Juan van Zyl	GN	03:07.57	942.86	01:52.98	775.10	0.00	1717.96
71	3220	Ferdinand Von Staden	GN	00:00.00	0.00	00:00.00	0.00	0.00	0.00

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
	U/19 GIRLS			-					
1	1120	Anke Serfontein	EP	02:21.17	1075.66	01:05.26	1058.70	0.00	2134.36
2	2752	Liandie Du Toit	KZN	02:27.78	1062.44	01:10.27	1033.65	0.00	2096.09
3	2036	Kayleigh Geel	NW	02:32.75	1052.50	01:09.66	1036.70	0.00	2089.20
4	1806	Petro Marie Fourie	EDEN	02:38.44	1041.12	01:07.45	1047.75	0.00	2088.87
5	2765	Anika Rossouw	NW	02:43.63	1030.74	01:08.25	1043.75	0.00	2074.49
6	2022	Zanè Snyman	SFS	02:57.04	1003.92	01:03.57	1067.15	0.00	2071.07
7	1505	Mia Huggett	EDEN	02:33.34	1051.32	01:13.06	1019.70	0.00	2071.02
8	2265	Isabella Cockeran	CG	02:36.68	1044.64	01:12.71	1021.45	0.00	2066.09
9	2531	Helende Kemp	BOL	02:30.86	1056.28	01:15.39	1008.05	0.00	2064.33
10	1758	Zoe Padbury	KZN	02:52.56	1012.88	01:09.26	1038.70	0.00	2051.58
11	3458	Ashley Brown	SFS	02:43.26	1031.48	01:13.37	1018.15	0.00	2049.63
12	2503	Jana-Mari Nel	GRI	02:57.62	1002.76	01:08.15	1044.25	0.00	2047.01
13	1429	Rebecca Monk	W.P.	02:39.62	1038.76	01:16.18	1004.10	0.00	2042.86
14	1939	Johlize Vorster	SFS	02:56.29	1005.42	01:11.26	1028.70	0.00	2034.12
15	1777	Kayleigh Birch	GRI	02:49.49	1019.02	01:14.74	1011.30	0.00	2030.32
16	1071	Marlien Crewe-Brown	EP	02:57.32	1003.36	01:11.64	1026.80	0.00	2030.16
17	1785	Dayna Graham	KZN	02:59.78	998.44	01:11.80	1026.00	0.00	2024.44
18	1938	Thinica Layla Mc Anda	SFS	02:58.48	1001.04	01:12.41	1022.95	0.00	2023.99
19	2205	Sharike Rossouw	GRI	02:45.26	1027.48	01:18.46	992.70	0.00	2020.18
20	1862	Emma Van Der Westhuysen	EDEN	02:44.65	1028.70	01:18.79	991.05	0.00	2019.75
21	1987	Elke Du Plessis	SFS	02:36.23	1045.54	01:22.58	972.10	0.00	2017.64
22	2143	Cheney Le Roux	GRI	03:10.48	977.04	01:09.41	1037.95	0.00	2014.99

23	1860	Elizma Huysser	EDEN	02:52.52	1012.96	01:16.79	1001.05	0.00	2014.01
24	2662	Abigail Le Roux	BOL	02:51.77	1014.46	01:17.11	999.45	0.00	2013.91
25	1209	Nadia Olsen	W.P.	02:53.40	1011.20	01:16.73	1001.35	0.00	2012.55
26	2063	Shihaam Mohamed	GRI	03:04.89	988.22	01:13.43	1017.85	0.00	2006.07
27	1754	Gabriella Benjamin	KZN	03:06.73	984.54	01:13.28	1018.60	0.00	2003.14
28	1756	Wine Koekemoer	KZN	03:18.89	960.22	01:08.68	1041.60	0.00	2001.82
29	1086	Ilze Hattingh	EP	02:49.87	1018.26	01:21.62	976.90	0.00	1995.16
30	1163	Elanca Van Jaarsveld	EP	02:45.28	1027.44	01:23.96	965.20	0.00	1992.64
31	3170	Antoinette Swanepoel	NW	02:42.65	1032.70	01:25.81	955.95	0.00	1988.65
32	1389	Enya Els	W.P.	03:01.72	994.56	01:19.02	989.90	0.00	1984.46
33	3192	Larissa Cornelissen	GN	02:38.17	1041.66	01:28.75	941.25	0.00	1982.91
34	1611	Enrika Lubbe	SFS	03:14.41	969.18	01:16.21	1003.95	0.00	1973.13
35	3129	Zanri De Witt	NFS	03:15.78	966.44	01:16.25	1003.75	0.00	1970.19
36	1815	Yana Lotter	EDEN	03:00.49	997.02	01:22.78	971.10	0.00	1968.12
37	2901	Megan Terblanche	EDEN	03:16.86	964.28	01:17.78	996.10	0.00	1960.38
38	3248	Marichen Scheepers	NW	02:51.11	1015.78	01:31.69	926.55	0.00	1942.33
39	1124	Anabelle Jonck	EP	03:02.94	992.12	01:31.18	929.10	0.00	1921.22
40	1994	Marissa De Coning	LIM	03:09.48	979.04	01:29.20	939.00	0.00	1918.04
41	3077	Elisna Eloff	NFS	02:50.41	1017.18	01:37.60	897.00	0.00	1914.18
42	2669	Nina Hartman	BOL	02:50.86	1016.28	01:38.37	893.15	0.00	1909.43
43	3073	Chene Jacobs	NFS	03:42.71	912.58	01:20.77	981.15	0.00	1893.73
44	2065	Anika Tiedt	GRI	03:32.66	932.68	01:24.97	960.15	0.00	1892.83
45	3221	Wihandri Von Staden	GN	03:17.76	962.48	01:44.56	862.20	0.00	1824.68
46	1407	Mia Nortje	W.P.	00:00.00	0.00	00:00.00	0.00	0.00	0.00
47	1133	Anel Strauss	EP	00:00.00	0.00	00:00.00	0.00	0.00	0.00

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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1	1095	Matthew Van Coller	EP	02:02.01	1061.98	00:56.81	1050.95	0.00	2112.93
2	1137	Christian Appels	EP	02:04.71	1056.58	00:56.25	1053.75	0.00	2110.33
3	1343	Luca Karsten	W.P.	02:04.16	1057.68	01:01.53	1027.35	0.00	2085.03
4	2069	Hardus van der Merwe	GRI	02:05.28	1055.44	01:01.23	1028.85	0.00	2084.29
5	1802	Landre Botes	EDEN	02:03.61	1058.78	01:03.08	1019.60	0.00	2078.38
6	2465	Marnus Kruger	LIM	02:13.15	1039.70	00:59.78	1036.10	0.00	2075.80
7	2341	Theodor Andrag	W.P.	02:12.09	1041.82	01:00.32	1033.40	0.00	2075.22
8	1225	Beurick Kayser	W.P.	02:03.92	1058.16	01:03.81	1015.95	0.00	2074.11
9	1761	Finn de Villiers	KZN	02:23.53	1018.94	00:57.51	1047.45	0.00	2066.39
10	2959	Carman Fernandes	NFS	02:10.56	1044.88	01:03.22	1018.90	0.00	2063.78
11	1412	Emihl Rossouw	W.P.	02:14.30	1037.40	01:01.78	1026.10	0.00	2063.50
12	2843	Teohan Fourie	NW	02:10.01	1045.98	01:03.84	1015.80	0.00	2061.78
13	2537	Rossouw Van Zyl	BOL	02:23.19	1019.62	00:58.63	1041.85	0.00	2061.47
14	1612	Wessel van Niekerk	SFS	02:21.24	1023.52	01:01.34	1028.30	0.00	2051.82
15	1125	Francios Vosloo	EP	02:06.20	1053.60	01:07.69	996.55	0.00	2050.15
16	2196	Chaden Eilers	GRI	02:29.19	1007.62	00:58.57	1042.15	0.00	2049.77
17	1803	Steff Schoeman	EDEN	02:11.59	1042.82	01:05.63	1006.85	0.00	2049.67
18	3310	Kevin Hickey	GN	02:06.55	1052.90	01:07.94	995.30	0.00	2048.20
19	1979	Stephanus Johannes Schoeman Lombaard	SFS	02:15.58	1034.84	01:04.60	1012.00	0.00	2046.84
20	2125	Stehan Kruger	GRI	02:30.77	1004.46	00:59.05	1039.75	0.00	2044.21
21	3480	Jaden Van Heyningen	SFS	02:18.16	1029.68	01:04.55	1012.25	0.00	2041.93
22	1017	Tiaan Walters	BOL	02:22.07	1021.86	01:04.34	1013.30	0.00	2035.16
23	1063	Kaleb Bezuidenhout	EP	02:25.47	1015.06	01:03.34	1018.30	0.00	2033.36
24	1760	Wiandre van der Linden	KZN	02:20.99	1024.02	01:05.84	1005.80	0.00	2029.82
25	2768	Nathan Beukes	NW	02:25.80	1014.40	01:04.08	1014.60	0.00	2029.00
26	3152	Christiaan Du	NFS	02:38.92	988.16	00:58.90	1040.50	0.00	2028.66

Preez									
27	2209	Jacques Kuhn	GRI	02:30.05	1005.90	01:03.40	1018.00	0.00	2023.90
28	1169	Hugo Nothnagel	EP	02:08.81	1048.38	01:12.96	970.20	0.00	2018.58
29	2228	Jano du Plessis	GRI	02:19.65	1026.70	01:09.40	988.00	0.00	2014.70
30	1138	Marco Sprong	EP	02:19.26	1027.48	01:10.20	984.00	0.00	2011.48
31	1868	Wilhelm Kuun	EDEN	02:48.08	969.84	00:58.75	1041.25	0.00	2011.09
32	2371	Kobus Lourens	MP	02:16.08	1033.84	01:11.89	975.55	0.00	2009.39
33	3426	Francois van Wyk	GN	02:30.75	1004.50	01:06.18	1004.10	0.00	2008.60
34	3286	Ian van Zyl	GN	02:09.79	1046.42	01:15.25	958.75	0.00	2005.17
35	2606	Roelof Willem Van der Merwe	BOL	02:20.90	1024.20	01:10.99	980.05	0.00	2004.25
36	2753	Dian Venter	KZN	02:41.03	983.94	01:04.81	1010.95	0.00	1994.89
37	2208	Tinus Barnard	GRI	02:27.31	1011.38	01:10.90	980.50	0.00	1991.88
38	1807	Tiaan Visser	EDEN	02:27.98	1010.04	01:10.70	981.50	0.00	1991.54
39	1876	Luke Steenkamp	EDEN	02:24.66	1016.68	01:14.70	961.50	0.00	1978.18
40	2733	Handré Van der Merwe	MP	02:35.89	994.22	01:10.36	983.20	0.00	1977.42
41	1804	Ruan Coetzee	EDEN	02:14.35	1037.30	01:22.17	924.15	0.00	1961.45
42	3193	Jayden Hilton Hilliar	GN	02:30.43	1005.14	01:16.45	952.75	0.00	1957.89
43	2622	John-Ree Tamboer	BOL	02:17.01	1031.98	01:22.92	920.40	0.00	1952.38
44	3166	Rahn Van Aswegen	NFS	02:32.94	1000.12	01:17.19	949.05	0.00	1949.17
45	2936	Diaan Brink	NFS	03:00.57	944.86	01:06.67	1001.65	0.00	1946.51
46	2215	Benjamin Fourie	GRI	02:24.93	1016.14	01:24.37	913.15	0.00	1929.29
47	3343	Tristan Botha	NFS	02:36.67	992.66	01:22.21	923.95	0.00	1916.61
48	3194	Jaco Labuschagne	GN	02:18.31	1029.38	01:34.49	862.55	0.00	1891.93
49	3328	Hans Bester	GN	02:24.37	1017.26	01:33.04	869.80	0.00	1887.06
50	3357	Edrich Britz	GN	02:33.88	998.24	01:35.56	857.20	0.00	1855.44
51	3190	Andre Bezuidenhout	GN	02:35.77	994.46	01:39.30	838.50	0.00	1832.96
52	3169	Zandre van Wyk	NW	02:35.63	994.74	01:43.83	815.85	0.00	1810.59

53	3138	Philip du Plessis	NW	00:00.00	0.00	00:00.00	0.00	0.00	0.00
54	1886	Hagen Reinstorf	EDEN	00:00.00	0.00	00:00.00	0.00	0.00	0.00
55	3530	Bongani Nkosana Tshabalala	GN	00:00.00	0.00	00:00.00	0.00	0.00	0.00
56	2261	Daniel Dos Santos	CG	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS WOMEN				-					
1	1322	Marna Fouche	W.P.	02:43.03	1053.94	01:06.39	1088.05	16.00	2157.99
2	2886	Shannon Kruger	NW	02:31.78	1076.44	01:12.74	1056.30	24.00	2156.74
3	3520	Nadya Du Toit	GN	02:28.60	1082.80	01:11.89	1060.55	0.00	2143.35
4	1275	Danya Engelbrecht	W.P.	02:25.61	1088.78	01:17.59	1032.05	20.00	2140.83
5	2797	Inge Beyers	BOL	02:56.51	1026.98	01:14.36	1048.20	60.00	2135.18
6	2763	Carina Brand	GRI	03:02.18	1015.64	01:05.86	1090.70	0.00	2106.34
7	2804	Berndine Durr	BOL	03:10.14	999.72	01:12.27	1058.65	8.00	2066.37
8	2434	Ariette Cornelissen	GRI	03:15.61	988.78	01:26.51	987.45	60.00	2036.23
9	2547	Chrismari Smith	BOL	02:40.22	1059.56	01:33.51	952.45	16.00	2028.01
10	2603	Ruzanne Le Roux	BOL	02:52.90	1034.20	01:39.33	923.35	60.00	2017.55
11	3255	Annette Matthee	EDEN	03:59.52	900.96	01:40.80	916.00	64.00	1880.96
12	1284	Renee Peters	W.P.	04:01.64	896.72	01:39.95	920.25	60.00	1876.97
13	2096	Mandi Cameron	GRI	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SENIORS MEN				-					
1	2275	Dylan Kruger	NW	02:03.01	1069.98	00:57.75	1081.25	12.00	2163.23
2	3180	Willem De Beer	GN	02:00.14	1075.72	01:06.42	1037.90	48.00	2161.62
3	3175	Pierre Spies	GN	02:15.96	1044.08	00:59.53	1072.35	40.00	2156.43
4	1091	Gareth Vorster	EP	02:17.76	1040.48	00:54.79	1096.05	8.00	2144.53

5	1427	Philip Fouche	W.P.	02:08.33	1059.34	01:03.08	1054.60	20.00	2133.94
6	1448	Neil van der Walt	W.P.	02:14.01	1047.98	01:14.11	999.45	68.00	2115.43
7	2667	Charl Wolmarans	BOL	02:06.79	1062.42	01:10.86	1015.70	36.00	2114.12
8	2604	Jacques Wolmarans	BOL	02:12.13	1051.74	01:05.37	1043.15	16.00	2110.89
9	1262	Stefan Burger	W.P.	02:07.89	1060.22	01:13.98	1000.10	40.00	2100.32
10	1194	Ryan Peter	EP	02:18.57	1038.86	01:15.35	993.25	68.00	2100.11
11	1623	Jan Gutter	SFS	02:30.33	1015.34	01:10.89	1015.55	68.00	2098.89
12	1494	Brandon van Rooyen	W.P.	02:39.86	996.28	01:00.93	1065.35	36.00	2097.63
13	1617	Elandrè Swartz	SFS	02:17.40	1041.20	01:09.72	1021.40	28.00	2090.60
14	1242	Rian Truter	W.P.	02:27.88	1020.24	01:06.93	1035.35	20.00	2075.59
15	1877	Armin Swartz	EP	02:34.98	1006.04	01:06.06	1039.70	12.00	2057.74
16	3290	Leonardus Laubscher	GN	02:20.88	1034.24	01:10.29	1018.55	0.00	2052.79
17	2542	Frannie Langenhoven	BOL	02:28.47	1019.06	01:11.32	1013.40	20.00	2052.46
18	3258	Freddie van der Linde	NW	02:16.39	1043.22	01:16.59	987.05	12.00	2042.27
19	2440	Jaco Bruwer	GRI	02:32.72	1010.56	01:37.48	882.60	64.00	1957.16

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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JNR WOMEN -

1	1121	Lara De Bloe	EP	02:33.86	1042.28	01:10.61	1026.95	0.00	2069.23
2	1659	Karli Coetzee	W.P.	02:32.84	1044.32	01:13.39	1013.05	0.00	2057.37
3	2474	Megan Hunt	CG	02:54.77	1000.46	01:08.32	1038.40	0.00	2038.86
4	2781	Jani Badenhorst	LIM	02:33.16	1043.68	01:18.85	985.75	0.00	2029.43
5	2159	Tyra Roozendaal	EP	02:59.67	990.66	01:08.95	1035.25	0.00	2025.91
6	3494	Lizri Weyers	SFS	03:02.01	985.98	01:10.73	1026.35	0.00	2012.33
7	3455	Anke Weyers	SFS	03:00.77	988.46	01:11.49	1022.55	0.00	2011.01
8	3249	Ingenette Scheepes	NW	02:39.16	1031.68	01:29.41	932.95	0.00	1964.63
9	3482	Johanè Fourie	SFS	03:28.95	932.10	01:12.62	1016.90	0.00	1949.00
10	1356	Anika Roux	W.P.	03:13.35	963.30	01:35.18	904.10	0.00	1867.40

	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
JNR MEN				-					
1	1353	Joshua Scott	W.P.	02:06.53	1058.94	00:56.90	1055.50	0.00	2114.44
2	1062	Cody Coombe-Davis	EP	02:04.67	1062.66	00:59.76	1041.20	0.00	2103.86
3	3083	De Wit Botma	EDEN	02:13.43	1045.14	01:10.38	988.10	0.00	2033.24
4	1299	Adrin Strydom	W.P.	02:27.99	1016.02	01:07.97	1000.15	0.00	2016.17
5	3081	Hendrick Visser	EDEN	02:29.78	1012.44	01:11.49	982.55	0.00	1994.99
6	2785	Justus van Rooyen	EP	02:38.97	994.06	01:17.15	954.25	0.00	1948.31
7	2695	Jonathan Davids	BOL	02:06.78	1058.44	01:33.25	873.75	0.00	1932.19
8	3250	Janco Scheepers	NW	02:42.56	986.88	01:20.88	935.60	0.00	1922.48
9	3321	Sibusiso Raphaswana	GN	02:07.80	1056.40	03:01.33	433.35	0.00	1489.75
10	3322	Timothy Misi	GN	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ WOMEN				-					
1	1258	Lize-Ahn Aucamp	W.P.	02:42.69	1074.62	01:08.85	1125.75	10.00	2210.37
2	1388	Esrie Bezuidenhout	EDEN	02:37.57	1084.86	01:15.57	1092.15	0.00	2177.01
3	2471	Sunee Pretorius	W.P.	02:52.52	1054.96	01:12.04	1109.80	5.00	2169.76
4	1969	Alida Louw	GRI	02:48.89	1062.22	01:18.28	1078.60	20.00	2160.82
5	3553	Andrea Ranger	BOR	02:42.06	1075.88	01:17.59	1082.05	0.00	2157.93
6	2826	Jacolien Swart	NW	02:59.47	1041.06	01:15.09	1094.55	15.00	2150.61
7	2037	Heloise Strydom	NW	03:15.21	1009.58	01:25.55	1042.25	40.00	2091.83
8	3554	Andrea Saxton	BOR	03:13.33	1013.34	01:24.30	1048.50	20.00	2081.84
9	2780	Melinda Venter	EP	02:26.74	1106.52	01:44.46	947.70	20.00	2074.22
10	3285	Rika van Vuuren	GN	03:07.33	1025.34	01:30.15	1019.25	20.00	2064.59
11	2406	Victoria Coetzee	KZN	02:48.38	1063.24	01:40.19	969.05	25.00	2057.29

12	2023	Samantha Jansen	LIM	03:11.11	1017.78	01:43.52	952.40	5.00	1975.18
13	3451	Jacqueline Visser	GRI	03:31.40	977.20	01:39.39	973.05	0.00	1950.25
14	3230	Christine Kruger	GN	03:19.28	1001.44	02:01.29	863.55	25.00	1889.99
15	3407	Sonja Els	W.P.	03:26.67	986.66	02:07.11	834.45	30.00	1851.11
16	1311	Jozanne Louw	W.P.	00:00.00	0.00	00:00.00	0.00	0.00	0.00
17	1619	Sharine Barnard	SFS	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 40+ MEN				-					
1	1334	Roger Bezuidenhout	W.P.	02:14.89	1060.22	01:03.70	1101.50	45.00	2206.72
2	1497	Rowan Marais	W.P.	02:19.53	1050.94	01:02.08	1109.60	30.00	2190.54
3	1410	Wouter Hillebrand	W.P.	02:13.48	1063.04	01:12.78	1056.10	40.00	2159.14
4	2711	Pieter Troost	BOL	02:22.18	1045.64	01:04.06	1099.70	5.00	2150.34
5	3211	Rupert Groenewald	GN	02:18.34	1053.32	01:15.84	1040.80	45.00	2139.12
6	1769	Brent White	KZN	02:32.44	1025.12	01:04.06	1099.70	5.00	2129.82
7	3360	Lennard De Bruin	GN	02:21.37	1047.26	01:10.25	1068.75	5.00	2121.01
8	2541	Neil Buchner	BOL	02:39.19	1011.62	01:12.36	1058.20	35.00	2104.82
9	3219	Christiaan Britz	GN	02:26.17	1037.66	01:22.46	1007.70	40.00	2085.36
10	1233	Ben Peters	W.P.	02:38.69	1012.62	01:09.90	1070.50	0.00	2083.12
11	1326	Jacques Bezuidenhout	W.P.	02:34.64	1020.72	01:12.78	1056.10	5.00	2081.82
12	1269	Willem Joubert	W.P.	02:29.96	1030.08	01:17.21	1033.95	15.00	2079.03
13	3210	Michael Grobler	GN	02:53.04	983.92	01:08.72	1076.40	0.00	2060.32
14	3383	Handre Cornelissen	GRI	02:32.49	1025.02	01:23.99	1000.05	15.00	2040.07
15	2203	Thys Rossouw	GRI	02:51.42	987.16	01:21.91	1010.45	20.00	2017.61
16	2043	Arno Opperman	GRI	02:50.92	988.16	01:19.12	1024.40	5.00	2017.56
17	3384	Werner Pretorius	GRI	02:25.72	1038.56	01:35.89	940.55	20.00	1999.11
18	2013	Richard Schmidt	LIM	02:55.06	979.88	01:23.26	1003.70	15.00	1998.58

19	1183	Dawie van Zyl	EP	02:57.87	974.26	01:24.11	999.45	10.00	1983.71
20	3324	Philip Heydenrych	GN	02:52.22	985.56	01:47.18	884.10	5.00	1874.66
21	2102	Yonwaba Sipeliti	EP	00:00.00	0.00	00:00.00	0.00	0.00	0.00
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
MASTERS 50+ WOMEN				-					
1	2294	Kate Bihl	W.P.	02:44.02	1111.96	01:14.47	1117.65	12.00	2241.61
2	2710	Ilse Beuman	BOL	02:59.99	1080.02	01:21.76	1081.20	54.00	2215.22
3	2259	Michelle Staal	CG	02:38.47	1123.06	01:20.15	1089.25	0.00	2212.31
4	2525	Mariaan Malan	BOL	02:48.78	1102.44	01:23.50	1072.50	30.00	2204.94
5	2397	Liezel Wessels	BOL	02:49.85	1100.30	01:27.03	1054.85	24.00	2179.15
6	1771	Michelle Sims	KZN	02:46.74	1106.52	01:38.69	996.55	36.00	2139.07
7	3412	Nelia Andrag	W.P.	02:52.11	1095.78	01:31.03	1034.85	0.00	2130.63
8	1064	Nicole Vorster	EP	03:16.44	1047.12	01:36.76	1006.20	30.00	2083.32
9	1778	Natalie Birch	GRI	03:27.73	1024.54	01:31.24	1033.80	0.00	2058.34
10	2816	Elmarie Engles	NW	03:42.79	994.42	01:28.09	1049.55	12.00	2055.97
11	1250	Linda de Bruyn	W.P.	03:13.99	1052.02	01:48.28	948.60	54.00	2054.62
12	3212	Celeste Labuschagne	GN	03:05.74	1068.52	01:48.91	945.45	6.00	2019.97
#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points	
MASTERS 50+ MEN				-					
1	3016	Rodney Westgate	BOR	02:20.46	1099.08	01:06.42	1102.90	0.00	2201.98
2	2675	Gareth Haarhoff	BOL	02:26.07	1087.86	01:06.27	1103.65	6.00	2197.51
3	2458	Cornelis Van Heyningen	LIM	02:32.35	1075.30	01:09.25	1088.75	0.00	2164.05
4	1417	Thys Lombard	W.P.	03:02.53	1014.94	01:08.19	1094.05	42.00	2150.99
5	3168	Marthinus Swanepoel	NW	02:31.28	1077.44	01:29.01	989.95	54.00	2121.39
6	1872	Grant Lemke	EP	02:24.65	1090.70	01:20.88	1030.60	0.00	2121.30
7	3377	Gavin Gericke	EDEN	02:53.18	1033.64	01:18.70	1041.50	42.00	2117.14
8	1811	Hermann Spangenberg	EDEN	03:00.97	1018.06	01:14.29	1063.55	12.00	2093.61
9	1476	Wilhelm	NW	03:00.21	1019.58	01:27.06	999.70	54.00	2073.28

Schmidt									
10	2297	Juan Slabbert	W.P.	02:40.68	1058.64	01:24.11	1014.45	0.00	2073.09
11	2347	Mike Clarke	W.P.	02:47.09	1045.82	01:27.89	995.55	12.00	2053.37
12	2730	Jan Engelbrecht	MP	03:18.80	982.40	01:25.08	1009.60	42.00	2034.00
13	3299	Johan Van Dyk	NFS	03:15.89	988.22	01:21.35	1028.25	0.00	2016.47
14	2526	Dirk Malan	BOL	03:02.01	1015.98	01:45.19	909.05	42.00	1967.03
15	1394	Jason Monk	W.P.	02:32.02	1075.96	01:52.68	871.60	18.00	1965.56

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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MASTERS 60+ WOMEN

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1	2844	Kathleen Gey van Pittius	GN	01:18.42	1043.16	00:40.99	1055.05	64.00	2162.21	
2	2814	Benice Putter	EP	01:42.17	995.66	00:39.73	1061.35	40.00	2097.01	
3	3017	Anita Louw	BOR	01:37.93	1004.14	00:43.62	1041.90	40.00	2086.04	
4	3378	Mandi Wallace	EDEN	01:57.49	965.02	00:42.25	1048.75	8.00	2021.77	
5	1372	Cheryl Adams	W.P.	02:23.02	913.96	00:55.54	982.30	32.00	1928.26	

#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
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MASTERS 60+ MEN

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1	1414	Michael Archer	W.P.	01:10.83	1018.34	00:32.94	1080.30	49.00	2147.64	
2	1893	Johan Windt	EDEN	01:09.16	1021.68	00:37.68	1056.60	63.00	2141.28	
3	3406	Michael Forbes	BOR	01:14.81	1010.38	00:36.95	1060.25	42.00	2112.63	
4	1168	Gordon Wessels	EP	01:19.11	1001.78	00:35.63	1066.85	42.00	2110.63	
5	3233	Andrew Van Delden	GN	01:14.51	1010.98	00:32.49	1082.55	14.00	2107.53	
6	3065	Cliff Wallace	EDEN	01:22.43	995.14	00:34.69	1071.55	21.00	2087.69	
7	1971	Jan Van Niekerk	GRI	01:19.78	1000.44	00:41.37	1038.15	14.00	2052.59	
8	2806	Eric Parker	BOL	01:26.74	986.52	00:44.40	1023.00	42.00	2051.52	
9	1294	Marius Vorster	W.P.	01:36.60	966.80	00:41.37	1038.15	42.00	2046.95	

10	1408	Jacobus Michaels	W.P.	01:11.93	1016.14	00:45.94	1015.30	7.00	2038.44
11	3140	Philip McLaren	NFS	01:09.55	1020.90	00:47.59	1007.05	7.00	2034.95
12	1044	Ian Flack	BOL	01:29.07	981.86	01:00.56	942.20	21.00	1945.06
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ WOMEN				-					
1	1896	Stephanie Claassen	GN	01:29.32	1051.36	00:45.94	1070.30	11.00	2132.66
2	1348	Marille Bass	W.P.	01:39.86	1030.28	00:49.10	1054.50	22.00	2106.78
3	3215	Isabel McLaren	GN	01:47.04	1015.92	00:48.99	1055.05	33.00	2103.97
4	1902	Marilyn Orren	EDEN	01:57.26	995.48	00:38.46	1107.70	0.00	2103.18
5	2296	Geraldine Janssens	MP	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
MASTERS 70+ MEN				-					
1	3235	Hans Sliep	GN	01:23.05	1013.90	00:41.11	1079.45	50.00	2143.35
2	1046	Coenie Slabbert	BOL	01:23.80	1012.40	00:41.36	1078.20	30.00	2120.60
3	3124	Archie Markgraaff	SFS	01:59.32	941.36	00:39.89	1085.55	90.00	2116.91
4	2852	Mike McDonald	EDEN	01:39.26	981.48	00:44.81	1060.95	70.00	2112.43
5	1895	Len Claasen	GN	01:09.66	1040.68	00:47.25	1048.75	10.00	2099.43
6	1428	Robert Swartz	W.P.	01:25.32	1009.36	01:02.20	974.00	50.00	2033.36
7	3411	Johan Bezuidenhout	W.P.	00:00.00	0.00	00:00.00	0.00	0.00	0.00
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SPECIAL NEEDS FEMALE				-					
1	3098	Rentia Oosthuizen	EP	02:06.86	986.28	00:46.88	990.60	0.00	1976.88
	#	Athlete	Team	Running Time	Running Points	Swimming Time	Swimming Points	Bonus Points	Total Points
SPECIAL NEEDS MALE				-					
1	1982	Kenane Bruyere	SFS	00:58.95	1122.10	00:36.75	1041.25	0.00	2163.35

2	1308	Liam Trelawney	W.P.	01:48.00	1024.00	01:39.61	726.95	0.00	1750.95
3	1287	Bernie Manzoni	W.P.	04:23.19	713.62	01:23.58	807.10	0.00	1520.72
4	3018	Timothy Stones	BOR	00:00.00	0.00	00:00.00	0.00	0.00	0.00