

BOLAND - Biathlon Association

Boland Kampioenskappe 2020

22/02/2020

Athletes Result List

Boys under 8

SA: 0 Prov: 2339 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score	
1	011783	W	Van der Merwe ,Wian	LS Olifantsvallei	1:13:34	1198	0:18:79	1163	0	*	2361
2	011699	J	Kirsten ,Jan- David	Hugo Rust	1:16:46	1183	0:20:07	1150	0		2333
3	011821	D	Schaefer ,Daniel	Paarl Boys	1:20:70	1161	0:18:88	1162	0		2323
4	011769	J	Joubert ,Jamie	Curro Langebaan	1:21:06	1160	0:21:00	1140	0		2300
5	011882	M	Geldenhuis ,Mark	Bonnievale	1:24:07	1145	0:23:13	1119	0		2264
6	011782	L	Visser ,Luka	LS Olifantsvallei	1:27:47	1128	0:22:70	1123	0		2251
7	011700	J	Lees ,James	Klein Gim	1:33:68	1097	0:22:03	1130	0		2227
8	011776	T	Wagener ,Tiaan	Curro Langebaan	1:30:47	1113	0:23:75	1113	0		2226
9	011771	D	Snyders ,Dylan	Curro Langebaan	1:28:41	1123	0:25:61	1094	0		2217
10	011755	C	Stander ,Christiaan	Klein Gim	1:36:87	1081	0:23:40	1116	0		2197
11	011833	L	Meiring ,Lukas	Paarl Boys	1:32:85	1101	0:26:93	1081	0		2182
12	011781	N	Naude ,Nua	LS Olifantsvallei	1:29:02	1120	0:30:36	1047	0		2167
13	011737	C	Pretorius ,Christiaan	Klein Gim	1:25:80	1136	0:32:32	1027	0		2163

Girls Under 8

SA: Prov: 2310 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score	
1	011657	L	Kempen ,Lucia	Ruens Kollege	1:22:37	1178	0:19:92	1151	0	*	2329
2	011667	E	Kotze ,Emily	Laer Meisieskool	1:30:49	1138	0:19:55	1155	0		2293
3	011639	M	Scharrighuizen ,Mila	Klein Gim	1:31:27	1134	0:20:19	1149	0		2283
4	011728	M	Kotze ,Mieke	Laer Meisieskool	1:32:15	1129	0:23:14	1119	0		2248
5	011640	G	Sabagha ,Georgia	Klein Gim	1:32:48	1128	0:24:65	1104	0		2232
6	011680	M	Van der Merwe ,Michaela	Klein Gim	1:45:76	1061	0:21:56	1135	0		2196
7	011740	A	Burger ,Alexis	Klein Gim	1:25:65	1162	0:33:72	1013	0		2175
8	011780	W	Van der Vyver ,Wiane	LS Olifantsvallei	1:40:40	1088	0:26:68	1084	0		2172
9	011770	A	Joubert ,Amelie	Curro Langebaan	1:54:33	1018	0:22:87	1122	0		2140
10	011718	R	Schausberger ,Ruby	Laer Meisieskool	1:43:58	1072	0:30:51	1045	0		2117
11	011719	L	Els ,Lika	Laer Meisieskool	1:49:22	1044	0:28:72	1063	0		2107
12	011861	M	Burger ,Marguerite	LS Olifantsvallei	1:48:80	1046	0:51:03	840	0		1886

Boys under 9

SA: 2451 Prov: 2451 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score	
1	011766	K	Snyders ,Kyle	Curro Langebaan	2:48:21	1144	0:41:68	1118	0		2262
2	011686	S	Mouton ,Stiaan	LS Vredenburg	2:43:25	1169	0:48:57	1008	0		2177
3	011675	D	Haarhoff ,Dylan	Paarl Boys	3:00:32	1083	0:45:60	1054	0		2137
4	011820	Z	Schaefer ,Zach	Paarl Boys	2:55:66	1107	0:47:67	1022	0		2129
5	011645	C	Wentzel ,Connan	Privaat	2:57:62	1097	0:47:89	1019	0		2116
6	011663	N	Visser ,Nicholas	LS Olifantsvallei	2:59:56	1087	0:50:07	984	0		2071
7	011901	H	Bruwer ,Hein	Privaat	3:11:83	1026	0:47:31	1027	0		2053
8	011662	A	Burger ,Albie	LS Olifantsvallei	3:21:72	977	0:48:28	1012	0		1989
9	011694	B	Du Toit ,Barend	Noordeind LS	3:04:81	1061	0:56:24	885	0		1946
10	011661	G	Ellis ,Geo	LS Olifantsvallei	3:23:27	969	0:50:64	975	0		1944
11	011803	E	Troost ,Erich	Paarl Boys	3:24:35	964	0:52:10	951	0		1915
12	011715	J	Wiegman ,Justin	Vyeboom	3:15:94	1005	0:55:54	896	0		1901
13	011708	L	Viljoen ,Lucca	Paarl Boys	3:37:97	896	1:07:76	701	0		1597

Girls under 9

SA: 2420 Prov: 2364 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score	
1	011514	A	Human ,Ankia	Klein Gim	2:47:51	1222	0:45:25	1060	0		2282
2	011669	I	Olivier ,Isabella	Laer Meisieskool	3:08:16	1119	0:40:96	1129	0		2248
3	011765	L	Basson ,Lene	Curro Langebaan	3:13:95	1090	0:46:70	1036	0		2126
4	011648	N	Bruwer ,Nina	Privaat	3:11:50	1102	0:52:93	938	0		2040
5	011895	A	Schoevers ,Annabelle	LS Bredasdorp	3:15:32	1083	0:52:70	941	0		2024
6	011603	F	Flack ,Francesca	Curro Langebaan	3:46:17	930	0:44:91	1065	0		1995
7	011721	M	Basson ,Mieke	Laer Meisieskool	3:15:57	1082	0:55:10	903	0		1985
8	011826	M	Pienaar ,Monette	Hopefield	3:09:60	1112	0:59:75	829	0		1941
9	011815	A	Gerber ,Anica	Bonnievale	4:03:78	842	0:47:81	1019	0		1861
10	011649	L	Van Zyl ,Lisa	Bonnievale	4:02:70	847	0:56:75	877	0		1724
11	011670	G	Wolhuter ,Gabi	Laer Meisieskool	3:14:45	1088	N/F	0	0		N/F

Boys under 11

SA: 2455 Prov: 2399 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011305	D	Naude ,Dieter	LS Olifantsvallei	2:31:70	1191	0:32:28	1220	0	* 2411
2	011148	T	Van der Merwe ,Thomas	Klein Gim	2:30:49	1198	0:33:26	1204	0	* 2402
3	011343	R	Viviers ,Ryan	Klein Gim	2:38:16	1159	0:35:61	1166	0	2325
4	011508	J	Van der Westhuizen ,Ulrich	Hugenote Laer	2:48:52	1107	0:36:52	1152	0	2259
5	011564	S	Meiring ,Schalk	Paarl Boys	2:42:64	1137	0:39:62	1102	0	2239
6	010878	R	De Wet ,Renso	Bonnievale	2:49:36	1103	0:38:44	1121	0	2224
7	011358	B	Haarhoff ,Ben	Paarl Boys	2:39:79	1151	0:41:42	1073	0	2224
8	011702	N	Van Litsenborgh ,Nathan	Klein Gim	2:51:24	1094	0:39:12	1110	0	2204
9	011693	C	Steyn ,Chris	Curro Langebaan	2:55:33	1073	0:41:25	1076	0	2149
10	011691	J	Thiart ,John-Henry	Noordeind LS	2:46:39	1118	0:45:98	1001	0	2119
11	011510	J	Retief ,Jean	Hugenote Laer	2:50:78	1096	0:46:53	992	0	2088
12	011290	H	Sabbagha ,Handre	Klein Gim	2:58:07	1060	0:44:76	1020	0	2080
13	011659	D	Neethling ,Dirk	LS Bredasdorp	3:00:17	1049	0:47:80	972	0	2021
14	011487	H	Engelbrecht ,Herman	LS Olifantsvallei	3:04:33	1028	0:46:66	991	0	2019
15	011664	L	Nel ,Luan	LS Olifantsvallei	3:21:45	943	0:41:99	1065	0	2008
16	011824	E	Pienaar ,Eric	Hopefield	3:15:81	971	0:44:77	1020	0	1991
17	011817	R	Gerber ,Ruan	Bonnievale	3:06:72	1016	0:49:18	951	0	1967

Girls under 11

SA: 2459 Prov: 2429 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011366	A	Kotze ,Abigail	Laer Meisieskool	2:51:30	1123	0:32:55	1216	0	2339
2	011567	M	Kempen ,Mienke	Ruens Kollege	2:46:97	1145	0:35:71	1164	0	2309
3	011732	S	Visser ,Sandri	Hugo Rust	2:52:12	1119	0:35:66	1166	0	2285
4	011656	G	Kirsten ,Gabriella	Hugo Rust	3:01:31	1073	0:33:18	1206	0	2279
5	011299	C	Rontgen ,Carine	LS Olifantsvallei	2:55:41	1103	0:35:11	1174	0	2277
6	011357	M	Du Toit ,Maria	Ruens Kollege	2:45:00	1155	0:39:14	1110	0	2265
7	011367	L	Le Roux ,Lucy	Laer Meisieskool	3:03:45	1063	0:35:17	1174	0	2237
8	011878	J	Brand ,Jacy	Privaat	2:54:98	1105	0:40:54	1088	0	2193
9	011665	E	Mouton ,Esti	LS Olifantsvallei	3:00:82	1076	0:39:18	1110	0	2186
10	011588	K	Conradie ,Karlien	Laer Meisieskool	3:25:37	954	0:35:04	1176	0	2130
11	011489	L	Nieuwoudt ,Liani	LS Olifantsvallei	2:53:50	1112	0:45:15	1014	0	2126
12	011316	A	Slabbert ,Anmi	Klein Gim	3:09:99	1030	0:41:29	1076	0	2106
13	011592	A	Van Zyl ,Anne	LS Olifantsvallei	3:07:73	1041	0:45:30	1011	0	2052
14	011488	A	Van Zyl ,Anna-Mae	LS Olifantsvallei	3:43:55	863	0:40:38	1091	0	1954
15	011724	J	Basson ,Jana	Laer Meisieskool	3:20:05	980	0:47:97	970	0	1950
16	011428	A	Van der Vyver ,Alizmi	LS Olifantsvallei	3:14:04	1010	0:50:76	925	0	1935
17	011423	M	Van Zyl ,Mia	Bonnievale	3:19:81	981	0:51:21	917	0	1898
18	011784	M	Carstens ,Maret-Mari	LS Olifantsvallei	3:23:63	962	0:50:92	922	0	1884
19	011791	L	Gouws ,Lienke	LS Vredenburg	3:15:13	1004	1:14:52	544	0	1548

Boys under 13

SA: 2507 Prov: 2507 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010922	C	Hattingh ,Christiaan	Hugo Rust	3:58:36	1113	1:10:25	1158	0	2271
2	011126	C	Engelbrecht ,Christie	LS Olifantsvallei	4:09:65	1057	1:14:24	1118	0	2175
3	011091	JP	Hattingh ,Jan-Paul	Hugo Rust	4:05:63	1077	1:20:12	1059	0	2136
4	011223	V	Reitz ,Van Wyk	Curro Langebaan	4:20:41	1003	1:13:49	1126	0	2129
5	010998	J	Britz ,Janco	Hopefield	4:21:20	999	1:15:82	1102	0	2101
6	011298	P	Rontgen ,Paul-Louis	LS Olifantsvallei	4:16:63	1022	1:20:71	1053	0	2075
7	011836	J	Rheeder ,JJ	Curro	4:22:78	992	1:25:68	1004	0	1996
8	011785	M	Carstens ,Mark	LS Olifantsvallei	4:12:74	1041	1:33:06	930	0	1971
9	011666	H	Nel ,Hanru	LS Olifantsvallei	4:39:59	908	1:28:94	971	0	1879
10	011638	S	Scharrighuizen ,Sebastiaan	Klein Gim	4:48:60	862	1:38:75	873	0	1735
11	011624	T	Moller ,Taetse	Bonnievale	4:49:05	860	1:39:70	863	0	1723
12	011685	N	Nel ,Niqualas	LS Vredenburg	4:29:78	957	1:52:08	740	0	1697
13	011643	D	Wentzel ,De Wet	Privaat	4:39:29	909	N/F	0	0	N/F

Girls under 13

SA: 2490 Prov: 2395 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011086	S	Van der Merwe ,Simone	Klein Gim	3:20:94	1150	1:11:13	1169	0	2319
2	011498	D	De Villiers ,Danielle	Klein Gim	3:26:33	1123	1:09:15	1189	0	2312
3	011144	N	Slabber ,Nina	Hopefield	3:27:24	1119	1:10:86	1172	0	2291
4	011344	J	Hugo ,Junika	Klein Gim	3:28:05	1115	1:16:43	1116	0	2231
5	011594	L	Andrag ,Lasea	Stellenbosch	3:24:46	1133	1:21:19	1069	0	2202
6	011689	E	La Grange ,Emma	Hugo Rust	3:49:08	1010	1:09:39	1187	0	2197
7	011123	K	Human ,Kehara	Klein Gim	3:30:06	1105	1:24:63	1034	0	2139
8	011705	C	Barnard ,Chloe	Robertson	3:40:32	1053	1:28:19	999	0	2052
9	011731	K	Bester ,Karli	Hugo Rust	4:02:53	943	1:24:45	1036	0	1979
10	011681	M	Pretorius ,Minke	Klein Gim	3:50:38	1003	1:35:50	925	0	1928

Boys under 15

SA: 2423 Prov: 2423 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011750	R	De Wet ,Rudolf	Worcester	5:21:25	1034	0:58:33	1237	0	2271
2	010438	F	Retief ,Francois	Hugenote High	5:15:98	1060	1:02:06	1200	0	2260
3	010598	T	Walters ,Tiaan	Paarl Gim	5:30:93	986	1:14:74	1073	0	2059
4	011114	C	Prins ,Caleb	Curro langebaan	5:45:08	915	1:07:62	1144	0	2059
5	011306	Z	Naude ,Zian	LS Olifantsvallei	5:48:96	896	1:12:14	1099	0	1995
6	011288	L	Du Toit ,Le Roux	Paarl Gim	6:09:83	791	1:10:09	1120	0	1911
7	011121	R	Hugo ,Retief	Paarl Boys	6:21:16	735	1:07:12	1149	0	1884
8	011808	A	Barend ,Aris	Privaat	5:27:46	1003	1:34:72	873	0	1876

Girls under 15

SA: 2461 Prov: 2420 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011170	E	De Kock ,Elza	Bredasdorp	3:35:61	1042	1:11:20	1138	0	2180
2	011145	C	Basson ,Chrizandi	Hopefield	3:31:52	1062	1:13:51	1115	0	2177
3	010061	L	Botha ,Lara	Laer Meisieskool	3:41:12	1014	1:08:77	1163	0	2177
4	011752	L	De Villiers ,Lezanne	Gimnasium Paarl	3:46:93	986	1:06:44	1186	0	2172
5	011673	L	Schmidt ,Layla	Paarl Girls High	3:48:66	977	1:11:58	1135	0	2112
6	011540	S	Bester ,Sumari	Hugenote High	3:52:93	956	1:10:91	1141	0	2097
7	011704	A	Pretorius ,Anna	Bredasdorp	3:43:73	1001	1:19:54	1055	0	2056
8	010793	N	Engelbrecht ,Nina	Paarl Girls High	3:54:23	949	1:19:19	1059	0	2008
9	011672	A	Le Roux ,Abigail	Paarl Girls High	3:46:52	988	1:24:02	1010	0	1998
10	011517	M	Aucamp ,Mieke	Hugenote High	3:48:97	976	1:23:20	1018	0	1994
11	011747	J	Koegelenberg ,Jana	Hugenote High	3:45:05	995	1:29:01	960	0	1955

Boys under 17

SA: 2370 Prov: 2240 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011573	B	Andrag ,Bernhard	Paul Roos	5:02:03	1035	1:00:32	1207	0	2242
2	011208	G	De Kock ,George	Bredasdorp	5:00:68	1042	1:05:80	1152	0	2194
3	011142	R	Davies ,Ryan	Hopefield	5:05:46	1018	1:07:98	1131	0	2149
4	011386	P	Schreuder ,Peter	Hopefield	5:06:94	1010	1:08:46	1126	0	2136
5	010882	J	Fourie ,Janco	Bredasdorp	5:07:19	1009	1:12:78	1083	0	2092
6	011141	K	Gouws ,Kellan	Hopefield	4:59:34	1048	1:17:00	1040	0	2088
7	011798	C	Moller ,Cornelius	Bonnievale	5:09:05	1000	1:13:78	1073	0	2073
8	011422	R	Van Zyl ,Rossouw	Hugenote High	5:37:96	856	1:00:11	1209	0	2065
9	010500	J	Tamboer ,John-Ree	Bonnievale	5:19:29	949	1:30:56	905	0	1854

Girls under 17

SA: 2472 Prov: 2472 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011591	K	Rolfe ,Kate	Paarl Girls High	3:22:57	1107	1:18:39	1067	0	2174
2	011646	D	Koegelenberg ,Dalene	Hugenote High	3:22:77	1106	1:21:48	1036	0	2142
3	011448	M	Ferreira ,Marizelle	Gimnasium Paarl	3:41:55	1012	1:13:75	1113	0	2125
4	010820	A	Bruwer ,Ameli	Privaat	3:41:26	1014	1:17:86	1072	0	2086
5	011748	S	Kuhn ,Sune	Hugenote High	3:48:66	977	1:14:54	1105	0	2082
6	011460	J	Schreuder ,Juane	Hopefield	3:37:84	1031	1:24:17	1009	0	2040
7	011853	D	Botha ,Danielle	Paarl Girls High	3:29:18	1074	1:31:69	934	0	2008
8	011851	L	Du Plessis ,Lia	Paarl Girls High	3:31:99	1060	1:31:22	938	0	1998
9	011647	L	Koegelenberg ,Liza	Hugenote High	3:56:38	939	1:29:06	960	0	1899
10	011674	L	Miglietta ,Lia	Paarl Girls High	4:12:12	860	1:28:39	967	0	1827
11	011745	J	Laubscher ,Jana	Hugenote High	4:13:17	855	1:37:31	877	0	1732

Boys under 19

SA: 2360 Prov: 2096 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010564	R	Wessels ,Ruach	Bonnievale	5:34:47	873	1:01:98	1191	0	2064
2	011339	I	Ferreira ,Igna	Gimnasium Paarl	6:16:52	663	1:01:91	1191	0	1854

Girls under 19

SA: 2485 Prov: 2431 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011213	M	De Lange ,Mari	Paarl	3:27:50	1087	1:10:31	1157	0	2244
2	011772	C	Le Clercq ,Chane	Langebaan	4:03:61	907	1:16:67	1094	0	2001

Men Senior (Open)

SA: 2380 Prov: 2303 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011557	G	Van Niekerk ,Geo	Wellington	4:27:25	1184	1:16:65	1044	0	2228
2	010047	W	Viljoen ,Willem-Pierre	Worcester	5:07:77	982	0:56:53	1245	0	2227
3	010748	J	Wolmarans ,Jacques	Privaat	5:16:53	938	1:04:46	1166	0	2104

4	010974	G	Van der Walt ,Gerdo	Privaat	5:30:62	867	1:07:59	1135	0	2002
5	010387	D	Malan ,Daniel	Maties	5:33:77	852	1:06:59	1145	0	1997
6	011912	C	Van der Walt ,Christopher	Privaat	5:41:38	814	1:03:00	1180	0	1994
7	010233	C	Tamboer ,Constant	Bonnievale	5:18:06	930	1:19:12	1019	0	1949

Ladies Senior (Open)

SA: 2525 Prov: 2411 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010396	J	Wessels ,Jana	Maties	3:37:75	1036	1:18:93	1101	0	2137

Men Jnr Veteran (27-39)

SA: 2435 Prov: 2275 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011880	P	Troost ,Pieter	Paarl	3:11:60	1027	1:04:69	1164	88	* 2279
2	010045	E	Kruger ,Eben	Privaat	2:54:39	1113	1:08:09	1130	8	2251
3	011365	D	Forte ,Dommonique	Curro	3:06:11	1054	1:11:89	1092	48	2194
4	011811	L	Joubert ,Louis-Ras	Langebaan	3:32:49	923	1:15:32	1057	96	2076
5	011768	C	Le Condeur ,Curtis-Ross	Wellington	3:16:41	1003	1:23:41	976	16	1995
6	011751	P	Moses ,Patrick	Bonnievale	3:04:70	1061	1:47:77	733	56	1850

Ladies Jnr Veteran (27-39)

SA: 2398 Prov: 2303 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010440	L	Louw ,Liz	Privaat	4:00:22	924	1:21:99	1081	32	2037

Men Veteran (40-49)

SA: 2517 Prov: 2333 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011644	L	Wentzel ,Lukas	Privaat	3:14:12	1049	1:13:98	1121	0	2170
2	011528	P	Britz ,Pieter	Hopefield	3:43:27	904	1:29:92	961	135	2000
3	011600	P	Sabbagha ,Piet	Paarl	3:53:42	853	1:23:93	1021	0	1874

Ladies Veteran (40-49)

SA: 2496 Prov: 2496 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011753	L	De Villiers ,Lize	Paarl	5:03:61	632	1:31:94	1021	60	1713
2	011529	J	Britz ,Jacomien	Hopefield	5:24:28	529	1:55:94	781	90	1400

Men Snr Veteran (50-59)

SA: 2525 Prov: 2303 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	011599	C	Cupido ,Clive	Langebaan	3:07:99	1165	1:46:33	857	45	2067
2	011736	D	De Clercq ,Diederick	Langebaan	3:42:22	994	1:38:74	933	45	1972
3	010521	D	Malan ,Dirk	Malmesbury	4:09:32	859	1:40:30	917	60	1836

Ladies Snr Veteran (50-59)

SA: 2513 Prov: 2458 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010389	M	Malan ,Mariaan	Malmesbury	3:38:08	1150	1:24:67	1154	30	2334
2	010094	I	Beukman ,Ilse	Bonnievale	3:59:65	1042	1:20:30	1197	75	2314
3	010535	L	Wessels ,Liezal	Bonnievale	3:47:21	1104	1:23:67	1164	15	2283

Men Masters

SA: 2410 Prov: 2158 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010096	C	Van Vuuren ,Coenie	Stellenbosch	3:33:31	869	0:40:96	1129	175	* 2173
2	011283	I	Flack ,Ian	Langebaan	3:38:46	843	0:51:84	956	0	1799

Ladies Mast

SA: 2313 Prov: 0 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010363	N	Louw ,Niki	Bonnievale	4:41:07	775	0:44:95	1113	236	* 2124

Snr Master Men (70+)

SA: 2399 Prov: 0 SARecord = (\$) ProvinceRecord (*)

Pos	Number	Initials	Name	Club	Run T	Scr	Swim T	Scr	Bonus	Score
1	010097	C	Slabbert ,Coenie	Paarl	1:25:45	1073	0:40:07	1283	0	* 2356